

OTTAWA

metro®

NEWS
WORTH
SHARING.

NICE 'N' CHEESY

FIVE REASONS TO WATCH THE MUCHMUSIC VIDEO AWARDS (OTHER THAN THE FACT THAT PSY IS ON HOSTING DUTIES)

PAGE 20

Crackgate update

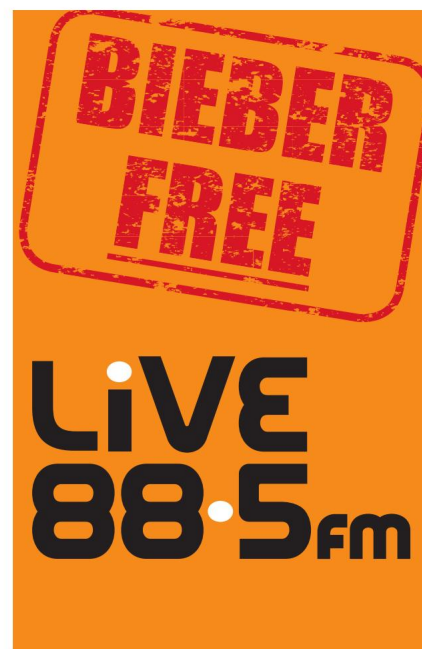
Apparently the cops were looking into a Ford video before the story even broke, says 'highly placed source'

PAGE 6

Corporations don't own our genes, U.S. courts rule

The decision does say that synthetic DNA may be patented

PAGE 10



PROSTITUTION PROTEST

Sue Martin of Ottawa and Cherry Smiley of Vancouver join others as they rally on Thursday in front of the Supreme Court of Canada. The SCOC is hearing arguments on the constitutionality of Canada's prostitution laws. Story on page 2. SEAN KILPATRICK/THE CANADIAN PRESS

Not all aboard with Richmond Underground

Mind the gap. Community groups, NCC still cool to city's western LRT plans



ALEX BOUTILIER
alex.boutilier@metronews.ca

The National Capital Commission board won't sign off on the city's Richmond Underground route until it sees technical reports, its chair says.

Russell Mills said Thursday that the federal board needs some technical meat on the westward light-rail expansion's bones before it gives its assent.

Mills said the board, which held a teleconference on Thursday to discuss the

plans, is not in the position to make a decision one way or the other.

"The concerns of the board now would be ... we need to know the technical feasibility of what the city is proposing," Mills said.

"We haven't seen the information about the soil studies, and the water table in that area, and so on, to know whether it would really be possible to put a train as deeply underground as they propose to do in their drawings."

Transportation committee chair Keith Egli unveiled a revised plan for the LRT expansion Thursday morning.

The route is still envisioned to go through Rochester Field — NCC land — but 700 metres of the 1.2 kilometre route will now be covered over in a shallow

tunnel.

The addition of more underground to the Richmond Underground is estimated to cost \$80 million, bringing the total rough estimate for the project up to \$980 million.

Egli said the concessions were meant to show the NCC and community groups that they listened to their concerns and addressed them.

One community group — dubbed the Underground Solution — urged the NCC to reject the city's revised plans outright. Neeta McMurtry, of Neighbours for Smart Western Rail, said she was encouraged by some of the changes, but still had a number of questions.

The city will hold a public open house on the revised Richmond Underground on Monday from 3 to 8 p.m.

Give Dad what he really wants this Father's Day...

Steak!

Big Easy's

SEAFOOD & STEAK HOUSE

228 Preston Street 613-565-3279 www.bigeasys.ca

CELEBRATE ITALIAN WEEK WITH US!

FRIDAY – SUNDAY:
Outdoor Patio from 6PM – 11PM
with our regular menu

FRIDAY AND SATURDAYS:
LIVE BLUES with **Firebelly**
on the patio from 7PM – 10:30PM

Sex-trade supporters try to dominate top-court protest

Standoff. Key litigant in ongoing prostitution case met with anti-sexual exploitation opposition



JOE LOFARO
joe.lofaro@metronews.ca

Peaceful demonstrators tried to do drown out each other's voices in front of the Supreme Court of Canada Thursday as lawyers inside the building began opening arguments on whether to loosen the country's prostitution laws.

On one side of the front steps, sex workers and their supporters demanded laws surrounding prostitution be struck down to make the sex trade safer.

They argue the communication for the purpose of prostitution and living off the avails of prostitution sections of the Criminal Code of Canada put women at risk of violence. They also welcomed last year's Ontario Court of Appeal deci-

sion to strike down the bawdy-house ban, which forces sex work outdoors.

"Prostitution laws say that prostitution is legal, but women are not allowed to protect themselves legally," shouted dominatrix Terri-Jean Bedford, one of the three key litigants in the case.

The case had been in and out of the courts for about six years before making it to Canada's highest court.

On the other side of the steps were her opponents, who had set up their own loudspeakers at the rally. They argued Canada's laws should criminalize johns and pimps but not the women who are "pushed" into the sex trade.

"They're pushed by the porn industry that is so dehumanizing for women. They're pushed by a society that has accepted the false idea that sexual freedom is actually the capacity to buy someone else," said Diane Matte, a member of Montreal-based Coalition Against Sexual Exploitation. "For me that's not freedom. For me that's slavery."



Terri-Jean Bedford, one of the three key litigants in the Supreme Court of Canada case challenging Canada's prostitution laws, speaks to a crowd of demonstrators outside the courthouse on Thursday. JOE LOFARO/METRO

Ottawa contractors block bridge in protest



Dump trucks from Ottawa block the Champlain Bridge. METRO

Construction contractors from Ottawa blocked traffic with their dump trucks on the Champlain Bridge Thursday morning to protest red tape that they say keeps them from working in Quebec.

"Our workers are prevented from working in Quebec because of a tremendous amount of red tape and over-regulation in the system," said Walter

Pamic, a vice-president with electrical contractor Power-Tek and member of the Ontario Electrical League. "Even if you were to fill out all the documents and pay all the fees required, the chance you will get work is slim to none."

Pamic said one of his employees recently put in 25 hours filling out the paper work and tabulating the fees re-

quired and was only one-third of the way through the process before he told her to give up. "We're losing work, we're losing opportunities and many of us have just given up trying to do work in Quebec," he said.

Pamic and the Greater Ottawa Truckers Association, which spearheaded the rally, have gained the support of Progressive Conservative Car-

ton-Mississippi Mills MPP Jack McLaren. He has moved to revive with a private member's bill the Fairness is a Two-Way Street Act, which was repealed in 2006. The act would wrap Ontario with the same red tape as Quebec.

"We don't like doing this, but we need to protect Ontario jobs," McLaren said

GRAHAM LANKTREE/METRO

**I USE MINE TO
PAY-PER-RIDE
BECAUSE TICKETS
COST MORE**



PRICE PER RIDE AS OF JULY 1



Adults \$2⁷²
Seniors \$2⁰⁵



\$3⁰⁰
\$3⁰⁰



\$3⁴⁰
\$2⁵⁵

PRESTO CARDS AVAILABLE ONLINE AT WWW.PRESTOCARD.CA

Also available in person throughout the community.
Call us, or visit octranspo.com for details.

INFO 613-741-4390 octranspo.com

Hurry! June 13-17 only.
Installation within 24 hours
for TV and Internet

Switch 'n Save!

4 DAYS LEFT.



ROGERS SWITCH 'N SAVE DEAL:

- Get a superior TV experience – 2x more TV shows and movies On Demand than Fibe™²
 - Get the fastest Hi-Speed Internet – Fibe™ doesn't even come close³
 - Get our always-reliable Home Phone and keep your existing number

CALL 1 877 633-1431 **CLICK** rogers.com/deal **VISIT** your local Rogers retail store



™Fibe is a trademark of Bell Canada. Offer available within Rogers cable service area (where technology permits) in Ontario and subject to change without notice. 1 Applicable to new activations only between June 13 – 17, 2013 at any Rogers retail or dealer location. One-time bill credit of \$50 applied (to customer's 2nd or 3rd invoice) for each eligible service subscribed to (home phone, internet and/or digital TV) up to max. \$150. Installation (for digital TV and internet) scheduled for within 24 hours of activation. If customer is unavailable at appointed time, a later date will be scheduled. 2 As of April 22, 2013. Programming content differs depending on level of Rogers subscription. Charges apply to some On Demand programming content. 3 Within Rogers cable serviceable area. Speeds may vary with Internet traffic, server, gateway/router, computer (quality, location in the home, software and applications installed), home wiring, home network or other factors. Also see the Acceptable Use Policy at rogers.com/terms. Modem set-up: the system is configured to maximum modem capabilities within Rogers own network. Used under license. © 2013 Rogers Communications.

Investigation. Arnprior musician stabbed to death

Police are investigating after popular Arnprior musician Brodie Armstrong was knifed to death Wednesday night.

Family and friends, and now police, have confirmed it was Armstrong, who plays in a band called Brent and Brodie at pubs around Arnprior, who was killed on Russell Street at about 9:20 p.m.

His attacker or attackers remains at large. OPP are treating the incident as a homicide.

Armstrong's black car was pressed against the side wall of a house near the bottom of a slight hill on the morning of June 13, in front of a knocked-down wooden fence.

Police had the area cordoned off. Yellow markers followed bloodstains from the driver side door across the street to where Armstrong was last seen alive.

Paul Kaisig lives in the five-storey apartment complex at 63 Russell St. He didn't see the car hit the fence and house, but came along moments later when police and paramedics were frantically performing CPR.

"I was here when they were giving him CPR," Kaisig said, adding that Armstrong's father Randy is in Australia and his



Brodie Armstrong METROLAND FILE

mother Kim is in Arnprior. He is the grandson of a well known reverend in town, Leo Hughes. "His stomach was going way up and down. It was a bit of a shock."

He suspects there were two men in the car.

"It looks like he was trying to get away from the car," Kaisig said. "He didn't get far. I think they were together in the car."

Police were scouring the area, including the newspaper's premises, the entire next morning. They had yet to say whether the knife involved had been recovered.

DEREK DUNN/METROLAND NEWS SERVICE

Survey says. Ottawa's green bin ad blitz effective: Poll

Ottawa City Hall's ad blitz around the green bin program reached its target audience and convinced 36 per cent of respondents to take further action.

A poll conducted for the city's corporate communication branch found 76 per cent of respondents recalled seeing green bin ads and that one third say they took action as a result of the ads. "The campaign reached its target audience," concludes the Harris Decima post-campaign evaluation, released through a freedom of information request.

The poll surveyed 1,007 voting-aged Ottawans, evenly split between rural, eastern, western, and central regions, between Dec. 17 and Dec. 27. It's accurate within three percentage points, 19 times out of 20.

The poll itself cost \$42,204, while the overall ad blitz totaled \$265,095.93.

A majority of respondents (70 per cent) say they used the green bin, while 59 per cent said they cut back on how much garbage they create when the city moved to bi-weekly garbage pickup.

ALEX BOULIER/METRO



More women should take the plunge and get into the skilled trades, said Vicky Georgantopoulos, who is in the heating, refrigeration and air conditioning program at Algonquin College. GRAHAM LANKTREE/METRO

Women could close trade shortage: Feds

Algonquin College.

Many women hold off because they think the trades are a man's world, but perceptions are changing



GRAHAM LANKTREE

graham.lanktree@metronews.ca

Young women will be key in the federal government's solution to close the skilled trades gap outlined in the most recent budget, said Parliamentary Secretary for the Status of Women,

Susan Truppe, speaking at Algonquin College Thursday.

"We're going across Canada to hear from some of the stakeholders involved with skilled trades in order to get more women into non-traditional occupations," Truppe said, adding that she started her cross-country trek this spring.

Today more women are coming to the trades than 10 years ago, she pointed out, but "we know that by 2020, there's going to be a huge shortage when everyone retires."

Women make up a little over half of the Canadian workforce, but 67 per cent are found in administration, sales,

clerical, or non-profit positions.

"That's just because they're not thinking of the other positions where they can make a lot more money," said Truppe, noting that trades jobs can pay more than \$100,000. Yet the key is getting young girls to imagine themselves as a welder, a miner, or even a heating, ventilation, and air conditioning technician like Algonquin College's Vicky Georgantopoulos.

"A lot of women don't really know what the trades are really about," said Georgantopoulos, who is in a one year heating, refrigeration and air conditioning program at Algonquin, pointing out that of the 84 stu-

dents in her year, only two are women.

"Having ads and showing more women in it, more people are finding out about it," she said.

Georgantopoulos found out about her program through a friend, but a new apprenticeship program that the government is pitching to the provinces and employers could go a long way to getting more women like her interested.

In two years, she plans to take advantage of the \$15,000 grant that would be offered, with the feds, province and employers each giving \$5,000 to take on new students.

Sappho leaps from 600 BC to Ottawa's Fringe Festival stage



Actress Victoria Grove suspends herself from rigging on the set of Sappho in 9 Fragments. ROBERT PIWKO/CONTRIBUTED

Ever since the Greek poet Sappho lived in 600 BC people have been making up stories about her, says the director of Sappho in 9 Fragments, a cutting-edge play coming to Ottawa's Fringe Festival after a successful run in London, England.

"This play looks at Sappho the historical figure, gives her a character, gives her a voice and allows her to talk about the fact that people have been making up stories about her," says Jes-

sica Ruano, who used to work in Ottawa's theatre community and who moved to London to further her career in theatre.

Using a novel, webbed set that allows for acrobatics and overlaying the poetry of Sappho with a modern love story between two women, the one-woman play, written by Jane Montgomery Griffiths, offers a physical and engaging experience to audiences. Much of Sappho's work has been lost or

destroyed. Only a single complete poem exists, with two other mostly complete works. The rest of her work is known to the world through nine volumes of fragments — hence the title of the play and the set fragmented and yet tied together with rope.

The pieces have allowed people over time to create stories about Sappho and project their own ideas on to her, says the play's actress Victoria

Grove. Sappho, who hailed from the Island of Lesbos, is often associated with lesbianism, but Ruano and Grove say the Greeks didn't see human sexuality the way modern western civilization does. Sappho is said to have been married, and had children but also had relationships with other women.

"She's been sort of recreated throughout all the different eras," says Grove.

SEAN MCKIBBON/METRO

Jer's Vision

Working in co-operation with Jer's Vision, a local LGBT rights and anti-bullying group, Ruano agreed to bring the play to Canada for a tour that will hit Toronto Saturday and Ottawa from June 21-29 and Montreal June 27 and 28. For Ottawa tickets go to ottawafringe.com.

Hurry In
Offer Ends Soon!

UNLIMITED DATA+TALK+TEXT \$25/MO

Give Dad a gift as great as he is!



Samsung T159V

JUST
\$79⁹⁹



mobicity.ca

Limited time offer and available to new activations only. Receive Unlimited Data, Talk and Text for \$25/month for 12 months while customer's account remains active with Mobicity and on automatic monthly payments (preauthorized credit/debit payment). Receive Unlimited Data, Talk and Text for \$30/month for 12 months without automatic monthly payments. Taxes are extra. Restrictions may apply on combining offers with other offers or promotions. All unlimited features included in each plan/add-on, including unlimited talk, text and data features, must originate and be used within the Mobicity Unlimited Zones. Premium and special numbers are excluded. Additional terms and conditions apply. Subject to change without notice. ©2013 Mobicity. 'Mobicity', 'Now that's smart', the Mobicity designs and the Mobicity logo are trademarks of Mobicity. Other trademarks shown may be held by their respective owners. All rights reserved.

mobicity[™]
Now that's smart.

Mobicity Stores

Nepean
Bayshore Shopping
Centre
1595 Merivale Rd,
Unit 6
Lincoln Fields Mall

Ottawa
168 Rideau St
173 Montreal Rd
246 Bank St.

Authorized Dealers

Bullo Wireless:
1414 Walkley Road
Cellular X Zone:
Billings Bridge
Shopping Centre

City Mobile:
TNT Supermarket
224 Hunt Club Rd,
Unit B
IGO: 223 Bank St.

Report: Police probed Rob Ford video weeks before story broke

Project Traveller.

Toronto's police chief refuses to rule out possibility evidence collected in raid related to mayor

Toronto police using surveillance techniques were "investigating the existence" of an alleged crack-cocaine video linked to Mayor Rob Ford several weeks before the story first surfaced, CTV News reported Thursday in the wake of a massive, multi-city drugs-and-guns sweep by police.

The broadcaster quoted a "highly placed source" as confirming that "persons of interest discussed that video in detail, and referred to the mayor's alleged presence in the video."

The disclosure came as To-

ronto Police Chief Bill Blair announced 43 people had been arrested, 40 firearms seized and \$3 million of drugs confiscated in early-morning raids concentrated on a Dixon Road complex, a cluster of apartment towers considered to be ground zero for the Ford video scandal.

Nineteen people in Toronto and nine in Windsor were charged as part of a yearlong police and border-security investigation code-named Project Traveller, Blair said at a noon news conference.

He declined to answer any questions about Ford's connection to the evidence, what evidence was seized, how it was obtained or about a Rexdale home involved in the raids where a man photographed with Ford lived.

"The only place for the legal disclosure is in a court of law," he said. "All of the evidence has

been secured and it will come out in court where it belongs. We will not jeopardize this case."

The Rexdale home of Muhammad Khattak, one of the young men pictured with Ford outside a suspected crack house, was part of the raids.

TORSTAR NEWS SERVICE



A man is arrested after a police raid in Toronto Thursday morning.
LUCAS OLENIUK/TORSTAR NEWS SERVICE



Police carry bags of goods seized from the house of Muhammed Khattak, one of three people seen in a famous photograph with Toronto Mayor Rob Ford, outside of 15 Windsor Rd. in Toronto. RICK MADONIK/TORSTAR NEWS SERVICE

Early-morning raids

'Complex' sweep extends to Edmonton

"Project Traveller is a very complex investigation" involving a gang called the Dixon City Bloods or Dixon Goonies, Toronto Deputy Police Chief Mark Saunders said Thursday. Their network extended to Edmonton and had operated since 2006, he said.

Edmonton police confirmed that officers executed search warrants Thursday, but would not say where or if anyone was arrested. TORSTAR NEWS SERVICE



BlackBerry Curve™ 9320

Samsung Galaxy Ace II X™



Hurry in for \$0
smartphones¹, PLUS
a \$50 bonus gift.²

koodo™

Offer ends July 4, 2013.

Good call



BLACK'S
www.blackss.com

FUTURE SHOP

MOBILE SHOP

Walmart*

koodo
shop

Ottawa
Bayshore Shopping Centre
Carlingwood Mall
Les Galeries de Hull
Place d'Orléans
Promenades de l'Outaouais
Rideau Centre
St. Laurent Centre

Belleville
Quinte Mall

Brockville
1000 Islands Mall

Cornwall
Cornwall Square

Kingston
Cataraqui Town Centre

(1) Price with the Tab. Subject to approved credit. (2) Bonus gift will vary by store location. See store for full details. Bonus gift available with new activations only. While quantities last.

SATURDAY, JUNE 15 ONLY!

20x

WHEN YOU
SPEND \$50 OR
MORE[†] ON ALMOST
ANYTHING IN
THE STORE.

THE SHOPPERS
OPTIMUM POINTS[®]

FREE
feels good™



PLUS

1 DAY
SALE

These SATURDAY ONLY Specials - June 15



2/5⁹⁹

PEPSI or COCA-COLA
BEVERAGES 12 x 355mL
Selected Flavours
Limit 4.
Rest of Week 3.99



1⁹⁹

PEPSI or COCA-COLA BEVERAGES 6 x 710mL
Selected Flavours
Limit 4. After limit 2.99
Rest of Week 2.99



1⁹⁹

LIFE BRAND
PAPER TOWELS 8 Roll
Limit 4. After limit 2.99
Rest of Week 2.99



21⁸⁸

PAMPERS SUPER BOXED DIAPERS
Selected Types & Sizes
Limit 4. After limit 22.99
Rest of Week 22.99
HUGGIES (64's - 72's) or PAMPERS (72's) BABY WIPES
Selected Types - 2.99



14⁹⁹

BENADRYL ALLERGY CAPLETS (100's),
REACTINE ALLERGY LIQUID GELS (25's)
or TABLETS (30's - 36's) Selected Types
Limit 4. After limit 15.99
Rest of Week 15.99



4⁹⁹

BOUNCE SHEETS (70's),
TIDE LIQUID LAUNDRY DETERGENT (1.18L) or
DOWNY FABRIC SOFTENER (1.23L - 1.53L)
Selected Types
Limit 4. After limit 5.99
Rest of Week 5.99



40%
OFF

QUO
IMPLEMENTS, SPONGES,
LASHES or BRUSHES
Selected Types



30%
OFF

COVERGIRL
BLASH EYE or LIP PRODUCTS
Selected Types
Rest of Week 20% off*



7⁹⁹

COPPERTONE or LIFE BRAND
SUNTHERA 3 SUN CARE PRODUCTS
Selected Types & Sizes
Limit 4. After limit 8.99
Rest of Week 8.99



1⁹⁹

GILLETTE TRIPLE POWER, OLD SPICE HIGH ENDURANCE
(85g) or SECRET (45g - 73g) ANTIPERSPIRANT/
DEODORANT Selected Types
Limit 4. After limit 2.79
Rest of Week 2.79



1⁶⁷

CREST TOOTHPASTE (85mL - 170mL),
ORAL-B MANUAL TOOTHBRUSH (1's) or FLOSS
Selected Types & Sizes
Excludes Premium
Limit 4. After limit 2.49
Rest of Week 2.49



1⁴⁹

CHRISTIE COOKIES or CRACKERS
Selected Types & Sizes
Limit 4. After limit 1.99
Rest of Week 1.99



3⁴⁹

KRAFT
PEANUT BUTTER
500g - 1kg Selected Types
Limit 4. After limit 4.49
Rest of Week 4.49



1⁷⁷

EVERYDAY MARKET
SUGAR 2kg
Limit 4. After limit 2.29
Rest of Week 2.29

While quantities last. We reserve the right to limit quantities. *Our Regular Price. †Points are issued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card[®]. Excludes prescription purchases, Shoppers Optimum Bonus Points[®], RBC[®] Shoppers Optimum[®] MasterCard[®] points and points associated with the RBC[®] Shoppers Optimum Banking Account, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, passport photos, stamps, transit tickets and passes, event tickets, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care[®] locations. Offer applies to photofinishing services that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any other Shoppers Optimum Points[®] promotions or offers. See cashier for details. * 911979 Alberta Ltd.

**SHOPPERS
DRUG MART**



Crude spill

Crews start cleanup work on B.C. oil spill

Oil spill response teams were at work Thursday containing and cleaning up a spill of light crude from Kinder Morgan's Trans-Mountain pipeline in the B.C. Interior, just weeks after the company officially filed plans for a controver-

sial expansion of the line.

The National Energy Board said initial estimates were that the spill was small, and the public and the environment were not at risk.

The energy watchdog said it doesn't yet know the size of the leak, which took place on Crown land. Calgary-based Kinder Morgan says only about two cubic metres, or 12 barrels, of light crude were detected.

THE CANADIAN PRESS

Going somewhere?

Mulcair apologizes for failing to stop at security checkpoint

To hear it told in the House of Commons, NDP Leader Tom Mulcair's minor run-in with the RCMP on Parliament Hill on Thursday could have been a scene from the latest Fast and Furious flick. The Opposition leader was forced to



NDP Leader Tom Mulcair
SEAN KILPATRICK/THE CANADIAN PRESS

apologize after breezing through a security checkpoint and apparently failing to stop until halted by the Mounties. THE CANADIAN PRESS

Strike could stop VIA Rail in its tracks

Latest proposal. VIA Rail is offering wage increases in addition to higher pension contributions

The union representing some workers at VIA Rail said the company's offer on the table Thursday would reduce wages, rather than increase them, once higher pension contributions are considered, and it said it was doubtful an agreement could be reached in time to avert a strike.

"What the company wants to do is increase employees' pension contributions substantially over the next three years," said Bob Orr, assistant to the president of the Canadian Auto Workers Union.

The union represents

about 2,000 of VIA's customer service employees, as well as on-board service and maintenance workers at the railway company.

Orr's comments came only hours before Friday's 12:01 a.m. strike deadline. VIA Rail presented its latest proposal on Wednesday, offering wage increases of two per cent every year for three years.

However, the offer also includes higher employee contributions to the pension plan that the union says would result in members taking home less money, not more.

VIA said its employees need to contribute more to the pension because it currently faces a \$419-million deficit.

VIA Rail said Thursday that it was hopeful it could reach an agreement in time and was willing to keep bargaining right up until the deadline. THE CANADIAN PRESS

Together, we're protecting a clean water future.

Congratulations to our 2013 RBC Blue Water Project Leadership Grant recipients.

Alliance for Water Efficiency
Association des Sciences du Canada
Beach Treasure Beach Foundation
Capital Regional District
Centre for Affordable Water and Sanitation Technology
City of Baltimore
City of Canineve
City of Vancouver
Earth Rangers Foundation
Ecology Action Centre
Green Calgary
Green Communities Foundation
Gulf of Maine Association
Helen Schuler Nature Centre (City of Edinburgh)
International Institute for Sustainable Development
Lake Winnipeg Foundation
Landscape Australia Limited
London Wildlife Trust

Long Point Region Conservation Authority
Milewski Valley Authority
National Book Development Council of Singapore
Nickel District Conservation Authority
Northern Environmental Action Team
Ontario Riverkeeper
Pelle Cullen Trust
Regional District Okanagan-Similkameen
Safe Drinking Water Foundation
The Nature Conservancy of Minnesota
The Rivers Trust
The Town of Port Hope
Tides Canada Foundation
Toronto Zoo
TreePeople
Trust Unlimited Canada
UK Overseas Territories Conservation Forum
Waterkeeper Alliance

Today is our annual RBC Blue Water Day, and we're proud to announce the recipients of our 2013 RBC Blue Water Project grants. These grants are part of our 10-year, \$50 million commitment to protect fresh water.

In honour of RBC Blue Water Day, our employees around the world will be participating in community makeovers to help improve the quality of water in our growing towns and cities. With the help of our dedicated 80,000+ employees and partner organizations globally, we're working to ensure a future with fresh water. Visit rbc.com/bluewater to see our full list of grant recipients.

Clean, fresh water for all Canadians.



RBC
Blue Water
Project



Deadly blast shakes Louisiana

A ground-rattling explosion Thursday at a chemical plant in Louisiana ignited a blaze that killed at least one person and injured dozens of others, authorities said. Louisiana's health department said 73 people were treated at hospitals for injuries ranging from minor to critical following the Thursday morning explosion. State police Capt. Doug Cain said a body was found by hazardous-materials crews going through the aftermath of the blast at the facility owned by The Williams Companies Inc., based in Tulsa, Okla. RYAN MEADOR/THE ASSOCIATED PRESS

TODAY ONLY

FRIDAY, JUNE 14

Save \$40

\$19⁹⁹

**KENNETH COLE
REACTION
dress shirts**

100% cotton. Reg. \$60

\$14⁹⁹

**KENNETH COLE
REACTION boxed silk ties**

Reg. \$55

One Day Sales cannot be combined with other offers,
including Friends & Family. See below for exclusions.



SHOP IN STORE AND AT THEBAY.COM

HUDSON'S BAY

**PLUS,
SAVE
UP TO 50% WOMEN'S SPRING FASHION CLEARANCE**
Selected brands. See store for details.

No rain checks and no price adjustments. No pre-orders or telephone orders. Offers available while quantities last. Selection may vary by store. Savings are off our regular prices unless otherwise specified. See store for details.
DRESS SHIRTS and TIES: Excludes Hudson Room, Ted Baker, Bogetti, Calvin Klein Collection, Hugo Boss, J. Lindeberg, Klaus Boehler, Pure, Robert Graham, Strellson, Van Gils, Victorinox and Zegna.

Firms can't patent isolated human genes, U.S. high court rules

Washington. Decision covers breast-cancer test brought into public eye by Angelina Jolie's double mastectomy

The U.S. Supreme Court has ruled companies cannot patent parts of naturally-occurring human genes, a decision with the potential to profoundly affect the emerging and lucrative medical and biotechnology industries.

The high court's unanimous judgment reverses three decades of patent awards by government officials. It throws out patents held by Salt Lake City-based Myriad Genetics Inc. on an increasingly popular breast cancer test brought into the public eye recently by actress Angelina Jolie's revelation that she had

BRACAnalysis test

- Myriad Genetics has used its patent to come up with its BRACAnalysis test, which looks for mutations on the breast cancer predisposition gene, or BRCA. Those mutations are associated with much greater risks of breast and ovarian cancer.
- Angelina Jolie revealed last month that her mother died of ovarian cancer and that

her maternal grandmother also had the disease.

- She said she carries a defective BRCA1 gene that puts her at high risk of developing breast and ovarian cancers, and her doctor said that the test that turned up the faulty gene link led Jolie to have both of her healthy breasts removed to try to avoid the same fate.

a double mastectomy because of one of the genes involved in this case.

Justice Clarence Thomas, who wrote the court's decision, said that Myriad's assertion — that the DNA it isolated from the body for its proprietary breast and ovarian cancer tests were patentable — had to be dismissed be-

cause it violates patent rules. The court has said that laws of nature, natural phenomena and abstract ideas are not patentable.

However, the court gave Myriad a partial victory, ruling that while naturally-occurring DNA was not patentable, synthetically-created DNA could be patented. **THE ASSOCIATED PRESS**



T. rex burger is now extinct

A fast-food restaurant in Manitoba has backtracked on its offer to make customers a burger fit for Fred Flintstone. Barb Barker, an administrative assistant for the Wendy's outlet in Brandon, said they have stopped selling their T. rex burger, consisting of nine quarter-pound patties held together by nine pieces of processed cheese and a flimsy bun. "For obvious reasons, Wendy's of Brandon neither condones nor promotes the idea of anyone consuming a nine-patty hamburger in one sitting," said Barker. **REDDIT/THE CANADIAN PRESS**

2013 forecast

Google predicted to generate \$8.9B from mobile ads

Google will sell more mobile advertising than the rest of its rivals combined for the second straight year, according to a new forecast by research firm eMarketer. The report projects Google will generate nearly \$8.9 billion US in mobile ad revenue throughout the world this year, after paying commissions to its ad partners.

THE ASSOCIATED PRESS

Market Minute

DOLLAR
98.37¢ (+0.45¢)

TSX
12,277.13 (+167.24)

OIL
\$96.69 US (+81¢)

GOLD
\$1,377.80 US (-\$14.20)

Natural gas: \$3.82 US (+4¢)
Dow Jones: 15,176.08 (+180.85)

**Bruyère Continuing Care
Bruyère Research Institute
Bruyère Foundation**



**Cordially invite you to attend their
tri-board annual meeting**

Thursday, June 20, 2013 at 5 p.m.

*Gilberte Paquette Garden, 6th Floor
Élisabeth Bruyère Hospital
43 Bruyère Street, Ottawa, Ontario*

Reception to follow at 6 p.m.

Parking available on site.

Please confirm your attendance by June 14
at rsvp@bruyere.org or by calling 613-562-6262, ext. 4022

SOINS CONTINUS
Bruyère
CONTINUING CARE

ITAN'S ANNUAL SUMMER SALE
STARTS MONDAY THE 17TH



STATE OF THE ART TANNING BEDS & SUNLESS BOOTHS
STARTING AS LOW AS \$29.95/MONTH

Find us Online!
iTan Advanced Studios
itanstudios.com



Don't miss out

Believe your eyes.

Smartphones starting from \$0.



BlackBerry® Z10
\$49
\$650
no term

Samsung Galaxy S III™
\$0
\$650
no term

HTC One™
\$99
\$650
no term

On a 3 year term with a \$50 monthly spend before tax.



Plus, enjoy coverage coast-to-coast on
Canada's most reliable* 4G network.

Learn more at
telusmobility.com/hotphones

TELUS
the future is friendly®

For more details, visit your TELUS store, authorized dealer or retailer, or call 1-866-264-2966.



TELUS STORES & AUTHORIZED DEALERS

Kanata
Kanata Centrum Walk

Nepean
Chapman Mills Marketplace



Orleans
Place D'Orleans
4312 Innes Rd

Ottawa
Bayshore Shopping Centre
Billings Bridge Shopping Centre



Carlingwood Shopping Centre
Ottawa Office Tower
Rideau Shopping Centre

St Laurent Centre
100 Trainyards Dr
424 Catherine St

1255 Coldrey Ave
1568 Merivale Rd



Stittsville
1300 Main

*Based on testing of voice-call success rates, data-session completion rates and industry-standard call-quality measures against other national wireless service providers in metropolitan areas across Canada. TELUS, the TELUS logo, the future is friendly and telusmobility.com are trademarks of TELUS Corporation, used under licence. All other trademarks are the property of their respective owners. © 2013 TELUS.

YOU HAVE TO BE KIDNEY-ING ME

1 WWDC. Apple unveiled its latest products at the 2013 Worldwide Developers Conference (WWDC) in San Francisco this week. The best line of the conference came from Apple marketing exec Phil Schiller. After unveiling the radically redesigned Mac Pro, he said, "Can't innovate anymore, my a--." Great mantra.

2 @HillaryClinton. The former secretary of state unlocked her Twitter account this week, and her Twitter bio lists herself, among other things, as "hair icon," "pantsuit aficionado," "glass ceiling cracker" and "TBD." Now most have a sneaking suspicion that "TBD" means a 2016 presidential bid? In due time, she'll probably make it official. With a tweet.

3 Facebook #hashtags. Now that Facebook has begun to roll out clickable, searchable hashtags (à la Twitter and Instagram) to help users better find content on the social platform, it somehow feels that hashtags have hit their tipping point. #Soon, #we'll #be #using #them #in #every #sentence #we #write. #And #in #everyday #conversation.

4 Covet Garden. This indie Canadian online decor magazine is using the crowd-funding site Indiegogo to help raise money to do a special print issue, Covet Garden Home. Their goal is \$18K, and they've raised about \$14K with three weeks left in the campaign. Ingenuity is the key in this economy for startups, and this is another great example of using social media to make a



THE METRO LIST
Neil Morton
metronews.ca

dream happen. Now.

5 Twerking. This latest dancing craze (Harlem Shake is so last month) got another huge shake this week when Miley Cyrus (rumoured new Justin Bieber squeeze) wiggled her hips and butt in the bouncy, up and down motion on stage at Juicy J concert. I would twerk for you, but it would totally ruin your day — and this latest on-line meme sensation.

6 Nadal's dramatic win. Rafael Nadal won a record-setting eighth French Open title Sunday. The only thing that almost prevented him from winning wasn't his opponent David Ferrer, but a shirtless protester with a white mask holding a lighted flare who jumped out of the stands and interrupted the match. Nadal was briefly rattled but went on to win in straight sets.

7 Real Housewives of Vancouver. The first Canadian version of the hit American franchise made it through two seasons, but won't have a third as Slice Canada has put it on hiatus. One of the problems might have been that the super-rich wives weren't superficial or plastic or vapid enough for viewers compared to their American ilk. Which is saying a lot.

8 Taylor Swift. The teeny-bopper sensation is in Toronto Friday and Saturday to begin the Canadian leg of the Red Tour, before heading west for Winnipeg, Edmonton and Vancouver. Now my wife and daughters will be hitting one of the T.O. shows, but I

couldn't bear the thought of singing along to We Are Never Ever Getting Back Together with thousands of tweens.

9 Craigslist. It's known for local classifieds and jobs ads, but sometimes gets wackier. Like this week when a 23-year-old man from Cobourg, Ont., advertised his kidney there. "You can have the left or right, they both work perfectly. I'm in shape and quit smoking a year ago. I'm being more than serious about this, asking \$20,000... THIS IS 100% SERIOUS!!!" Enough said.

10 Fired over Skype. The Edmonton Oilers announced Dallas Eakins as their new head coach this week (great hire), but handled the firing of their former coach in a rather odd way. While vacationing in Switzerland, Ralph Krueger was sacked over Skype by GM Craig MacTavish. At least it wasn't by a Facebook wall post.

11 Bowie. The Art Gallery of Ontario made the epic announcement that the exhibition David Bowie will arrive there this fall straight from London's Victoria and Albert Museum. It includes the icon's original stage costumes, instruments, album art, handwritten set lists and lyrics, and more. I already have the opening day, Sept. 25, marked on my calendar.

12 The Purge. This low-budget horror film — it cost about \$3 million to make — starring Ethan Hawke, demolished everything else at the box office, taking in \$36.4 million. Most of it was filmed in a house. I have a great idea for an indie horror to be shot in the outhouse at my in-laws cottage. All I need is \$1.5 million, a camera, a flashlight, a bear and some toilet paper.



Follow The Metro List on
Twitter @TheMetroList

ZOOM

Nature's synchronized swimming



MARK VAN COLLER/SOLENT

Impromptu diving show impresses

These dolphins are showing off a new cross-discipline sport: Surfing-meets-synchronized diving.

The pod of 30 bottlenose

dolphins were spotted jumping out of the back of breaking waves that rolled into the coast. Photographer Mark van Coller took the shot on the east coast of South Africa, near Port St. Johns.

METRO

Q and A

Surf's up, dolphins



MARK
VAN COLLER

How did you capture this?
It was sardine season on the

east coast, so many predatory marine animals were in the region hunting. Myself and five others took a boat out to witness the animals in motion.

Clickbait



ANDREW
FIFIELD
andrew.fifield@metronews.ca

Since we're halfway through the year, many of you have likely abandoned those pesky New Year's resolutions. Was one of them to learn a new language? Give it another shot with an assist from these three.

Beginners' Chinese

You don't need to be an Economist subscriber to know that understanding Chinese could be helpful down the road. This iTunes podcast eases you into Mandarin with standard classroom fare like greetings, introductions and restaurant ordering.

ESL Pod

Canada is a nation enriched by immigration, and those arriving here with a very basic grasp of English would be very well-served by the wide variety of language and cultural lessons available here. (eslpod.com)



American Sign Language

Get animated with a full slate of lessons that will equip you with the gestures required to speak to the hearing-impaired. This is likely the one language we've all wished to learn at some point. (lifepoint.com/asl101)

Twitter

@metropicks asked: Metro writer @John_Mazerolle has new Heritage Minute ideas. What parts of our history merit airtime?

@ZedSprinkles: This news is 8

months old (but still funny)

@YOWdog: Royal Proclamation of 1763

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: ottawaletters@metronews.ca

Synopsis

The story begins on Krypton, as all good Superman origin stories must. To save his son Kal-El from perishing on the doomed planet, Jor-El (Russell Crowe) rockets him off to a safe haven — Earth. There he is raised by Ma and Pa Kent, (Diane Lane and Kevin Costner), humble farmers who raise Clark Kent (Henry Cavill) as their own and keep his alien heritage a secret, but his extraordinary powers are exposed when a snoopy reporter (Amy Adams) digs into his life and the last surviving Kryptonians, led by General Zod (Michael Shannon) try and invade the planet.

- Richard: ●●●●●
- Mark: ●●●●●



Henry Cavill is sufficiently square-jawed and blue-eyed to play Superman, but Amy Adams lacks the pluck of Lois Lane. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



Up, up and ... it's OK

Man of Steel.

Superman origin story has too much bang and not enough phone booths

Richard: Mark, Man of Steel plays kind of like a Nirvana song. It starts off quiet, then gets loud, then quiet again and then REALLY loud. Thing is Nirvana songs were usually under four minutes and this movie clocks in at well over two hours. Much of it is entertaining, but I have to say my eyeballs felt scorched after the protracted blow-'em-up scene that eats up much of the last 45 minutes of the movie. It's all crash-boom-bang and not nearly as interesting as the

stuff that preceded it.

Mark: Richard, I always liked the Superman movies — even the bad ones — for their charm. Although there's some good scenes toward the beginning of the movie, it becomes bombastic and self-righteous; way too serious for its own good. That 45-minute scene you're referring to made me long for headphones with Enya songs playing on a long loop. And I know it's an origin movie, but I longed for the comic contrast between Superman and his journalist alter ego Clark Kent, which is mostly missing from the movie. Then again, we no longer have phone booths. Any of the actors appeal to you, Richard?

RC: I thought Cavill was suit-

ably square-jawed and blue-eyed enough to play the icon lead character and Michael Shannon brought the crazy (as usual for him) to Zod, but I was let down by two other leads. Russell Crowe was fine, although I couldn't help but imagine Ralph Fiennes really eating up the role of Jor-El. Finally, I'm not sure Amy Adams is plucky enough to play Lois Lane.

MB: Cavill was square — I mean — square-jawed, wasn't he? Crowe was fine, but somehow Kevin Costner got to me in a very sentimental turn as Clark's dad. As for Michael Shannon, I can only assume he was forced to over-act at gunpoint, with lines like "Unleash the world machine!!!" For a movie that cost a few hundred million

dollars, it was often close to a Flash Gordon serial at times.

RC: I think I wanted more Flash Gordon and less of what was on the screen in front of me. It's an entertaining movie for much of its running time, but the word overkill comes to mind. I feel like less — shorter running time, fewer explosions, not as many fights — would have been more.

MB: And did you notice that so many of the action scenes had the same basic gimmick — concrete being torn up over and over again? And I had to laugh when the entire city of Metropolis is collapsing under alien attack and there are scenes of people just staring at the buildings falling around them. If I see one brick on the ground, I'm outta there!

2 SCENE



restaurant • pub
D'Arcy McGee's
established 1996

44 SPARKS STREET, OTTAWA
(613) 230-4433

CRAFT ADDICT THURSDAYS

HYSTERIA IS THE CLOSEST THING THESE CRAFT BEERS WILL EVER MASS-PRODUCE

15 oz. & 20 oz.
DRAUGHT or BOTTLE

\$5

TWO FISTED FRIDAYS

GREAT PRICES FOR BEER AND WINE THAT WILL DOUBLE YOUR FUN

TWO
15 oz. &
20 oz.
DRAUGHTS

\$11

TWO 5 oz.
GLASSES
OF HOUSE
WINE

\$10

LIVEMUSIC

CHECK OUT OUR LIVE MUSIC LINEUP AT:
[f /sparks.darcymcgees](https://www.facebook.com/sparks.darcymcgees)

Have superheroes gone soft?

Chris Hardwick, creator of the Nerdist podcast and YouTube channel, explains to us why Superman has to be more human nowadays

"We've definitely become more of a culture of wanting to identify with characters rather than wanting to see characters that we couldn't be. It's not just movies and superheroes. When you look at protagonists in television, they're kind of crappy people. There's Don Draper or Dexter or Walter White. They're not good or bad — they're muddy.

What you see coming out now — after the era of '90s superhero movies — is sort of like the transition between glam rock and grunge, where you have the square-jawed heroes being phased out. They're kind of one-dimensional, there's not really much of an arc, they're just there to facilitate all of the action and just sort of be the opposing force to evil. But



I have so many feelings: Superman.
HANDOUT

now people want to see more humanity, and I honestly think that has a lot to do with the Internet. The way we interact with the Internet, the way that we're all in each other's business with YouTube and blogs, we're just used to seeing humans, and that's what we're identifying with, seeing other humans. People are bored by

the one-dimensional, 'Oh, he can do anything' hero because what's at stake then? What are they battling? We've seen so much of it up to this point that the one place that superheroes hadn't really gone, at least in film yet, is inward.

What works in Man of Steel is just the idea of taking the heroes off the pedestal and going, 'They're still ... if not humans, then creatures. Creatures with struggles.' Because that's what people get wrapped up in, story and struggle and not just, 'Oh look, he's better than everyone else.' It's the idea that he's not better than everyone. And Superman has a lot of struggles in the movie, more so than just, 'Oh, he's got super powers and he beats the crap out of those guys and it's all going to be fine because he's indestructible.' People have seen that. You still want your healthy dose of action scenes, but then you want to identify with the characters."

NED EHRBAR/MWN



I feel also: Iron Man. HANDOUT



Me, feel, grr—Batman. HANDOUT

Who am I?

My superhero name ... as thought of by Stan Lee

Metro World News reporter Anthony Johnston sat down with Stan Lee to talk about his prospects for being a superhero. Here's what happened:

Out of his visionary mind came the likes of Spider-Man and Iron Man, but could Lee create my superhero alter ego? After I listed my significant traits — Irish-born, just shy of six-foot-four, 275 pounds, and an encyclopedic knowledge (so my buddies claim) — Lee says, "You could be a Sherlock Holmes type of guy who knows almost everything. But it would be more visually exciting if we played up your size."

Now, for the name. "I am torn between the intellectual part, the strength part and the Irish part — you're a multi-heroic man. Oh, you're Multi-Man!" Lee exclaims.

"Sorry, Stan, there's a Multi-Man in DC Comics," I tell him. Reminding me how difficult it is to be original, he improvises. "Instead of Multi-Man, you could throw in another word in there: Multideed-Man, and hopefully nobody has that."



On the Web

For more Hardwick, go to nerdist.com



How to be a superhero

Preparation. No need for a brain to be all brawn

Bruce Banner (The Hulk) is an ingenious scientist, Peter Parker (Spider-Man) is a whiz kid at school — even billionaire playboy Tony Stark (Iron Man) is a brilliant engineer. So to be a superhero you need to be a genius or have a PhD, right? Wrong. "Captain America wasn't a PhD. Most of the X-Men didn't have great educations particularly," says Marvel man Stan Lee, creator of all of the above.



THE HULK

Background. The past is passé

Some of our favourite superheroes brood over their dark past — Bruce Wayne (Batman) witnessed his parents' murder as a child, and Wolverine was a guinea pig in a secret government experiment that's mentally scarred him. Painful origins do make for an alluring character — so, would you embellish your own personal history to make your superhero stand out? "My advice would be forget the past," Lee says. "Think of the future, and think of all the good you can do with your super-power."



WOLVERINE

Name. Be original, somehow

He's been writing comic books for more than 70 years, has conjured up some 350 superheroes and villains, like Doctor Strange, but Lee still admits "coming up with a name is the most difficult part in creating a superhero. ... When I come up with a new character, I'll come up with a name that I think is great, and then I Google it and I'll see 500 names just like that for other characters," he says.



DOCTOR STRANGE



DAREDEVIL

Traits. It's all down to Lady Luck

"The one attribute that everybody would want to have is luck," says Lee. "If you're a superhero and you're chasing a bad guy, you'll chase him because you're lucky. If he'll shoot at you, he'll miss because you're lucky," he says. (Daredevil, blind but heroic, comes to mind.) "Think of it as a beautiful woman, a spectral form of a ghost — she's not real, but every time she puts her arms around you, you become lucky."

Finishing touches. An apt outfit ... and a fantastic catchphrase

Choosing the right costume depends on what superpower you possess, Lee reveals. "If you're going to be moving around a lot, something tight is the best. If your power is mental, you don't need a tight costume." And forget a histrionic, husky voice à la Batman. "The phrases a hero says are the things your audience will remember — if they're good." So, what would be a good one? "Look out behind you!" Lee cries. "Or there's another phrase of course: With great power comes great responsibility."

ANTHONY JOHNSTON, MWN



SPIDER-MAN



Charlie Day stars in *Monsters University*. It opens next Friday. GETTY IMAGES

He may not be a baseball star, but his legs go on for days

Monsters University. Early audiences have warmed to Charlie Day's character in new animated film



NED EHRBAR
Metro World News in Hollywood

As the furry purple oddball Art in *Monsters University*, Charlie Day walks away with nearly every scene he's in, which isn't surprising since his monster is mostly just a pair of legs with a face where the crotch would be. Among early audiences, Art is fast becoming a favourite — or at least that's what people are telling Day.

"Well, people have been saying that to me, and I don't know what their ulterior motives are, but I appreciate it," Day tells Metro.

There is just something captivating about Art.

You know, he's a crazy guy. He's filled with the absurd non-sequiturs. He's positive, he's an optimist and he's been to jail. What's cooler than that? And then the best thing is you get to see what it would be like to be all legs. Legs for days, this guy.

How much were you involved in the design and development?

I did all the design myself. I did all the drawings, I did most of the movie (laughs). No, I did nothing. I did absolutely nothing. By the time I showed up here they had already animated a scene using lines from *It's Always Sunny in Philadelphia* with the character. I almost feel like they could've taken certain words that I've said from things and cobbled together the entire performance, but they were nice enough to let

The sun is still shining...

Charlie Day got his start with the off-beat FX comedy *It's Always Sunny in Philadelphia*, and he has no plans of stopping the series now — at least not this year. "We're almost done filming the ninth season. Nine seasons," he says with eyes wide. "We were celebrating our 100th episode the other day. It's been a wonderful decade of a lot of laughs. We definitely are going to do a 10th season, and after that I don't know. It depends on if FX wants to keep it going or not. I think creatively we're open to it. I still feel like we're finding new and interesting things for these characters to do and say."

me do some of the work. **What was your own college experience like?** I didn't go to as large a school

(as *Monsters University*), and there wasn't really much Greek life on campus. I went to a school called Merrimack College in North Andover, Mass., about 20 minutes or so north of Boston. I had a lot of friends and met new people and got new ideas and became a better thinker and a more well-rounded person up there. I loved it.

Did you start off college with one idea of what you were going to do with your life and end up with another?

Yes. Well ... I was a huge baseball guy growing up, as was everyone in my town. I was passionate about it, I worked really hard at it and I was half-way decent at it, but not ultimately good enough. And by college I realized that it's not going to go any further, and then I started dabbling in acting and the arts, and all that came much easier and more naturally to me (laughs).

Comedy



The Kings of Summer

Director. Jordan Vogt-Roberts

Stars. Nick Robinson, Gabriel Basso, Moises Arias

The story of three teenage friends who build a ramshackle clubhouse in the woods, *The Kings of Summer* doesn't break much ground in the adolescent coming of age genre — it just does it really well. Two parts teen comedy, one part slice-of-life drama, think of it as *Stand by Me* meets *Superbad*. The kids might be a little too good looking and witty, but the charming characters and constant laughs are a winning combo.

COLIN MCNEIL

Documentary



Love, Marilyn

Director. Liz Garbus

Stars. Viola Davis, Marisa Tomei

More than 50 years after her untimely death, the world is still infatuated with Marilyn Monroe and desperate to glean as much as possible about the larger-than-life leading lady. *Love, Marilyn* gives audiences the opportunity to learn about the woman behind the persona. Her personal diary entries, which are read by an impressive cast, reveal a shocking depth that many may not expect from the *Gentlemen Prefer Blondes* actress. Director Liz Garbus combines these monologues with archival footage and original interviews to tell a compelling story.

REGAN REID

Thriller



The Reluctant Fundamentalist

Director. Mira Nair

Stars. Riz Ahmed, Liev Schreiber, Kate Hudson

When Changez moves to the U.S. from Pakistan, he's got everything going for him: an Ivy League education, a beautiful girlfriend, a top job on Wall Street. And then 9/11 happens, and the Manhattan prince becomes a pariah virtually overnight. Mira Nair's *The Reluctant Fundamentalist* explores a character's reflections on a life thwarted by terrorism, and presents a rare, non-American perspective on the political and social fall-out from 9/11.

MANORI RAVINDRAN

"THE PERFECT SUMMER MOVIE." A FRESH BLAST OF ANARCHIC ADOLESCENT ENTHUSIASM."

-Karen Durbin, ELLE



TOBACCO USE, COARSE LANGUAGE CBS FILMS LOW SPARK FILMS Big Beach eone
facebook.com/eonefilms www.thekingsofsummermovie.ca youtube.com/eonefilms

EXCLUSIVE ENGAGEMENT STARTS TODAY
Fri: 2:40, 6:00 & 9:10 PM Sat-Sun: 12:30, 3:20, 6:00 & 9:00 PM

EMPIRE THEATRES
EMPIRE 7
111 ALBERT STREET, OTTAWA - 3RD FLOOR • 613-233-0209

ENTERTAINMENT ONE



THESE PAGES COVER MOVIE START TIMES FROM FRI., JUNE 14 TO THURS., JUNE 20 TIMES ARE SUBJECT TO CHANGE.

Bytowne Cinema
325 Rideau St.
Cannes International Advertising Festival (STC) Thu 9:30
Love, Marilyn (PG) Fri 7:05 Sat 4:10-9:25
Sun 3:35 Mon-Tue 6:45 Wed 9:30
Neighboring Sounds (14A) Fri 4:15 Sat 1:15 Sun 8:45
The Reluctant Fundamentalist (STC) Fri 9:30 Sat 6:35 Sun 12:45-6:01 Mon-Tue 9:05 Wed-Thu 6:45

Coliseum Ottawa
3090 Carling Ave.
After Earth (PG) Fri-Sat 4:05-10:10 Sun 4:05 Mon-Tue 3:40-9:45 Wed 3:40 Thu 1:20-3:40-9:45 Epic (PG) Fri-Sun 11:50-2:20 Epic 3D (PG) Fri-Sun 4:55-7:20-10 Mon-Wed 4:30-6:55-9:35 Thu 4:30-9:35 Fast & Furious 6 (PG) Fri-Sun 1:40-4:40-7:55-10:50 Mon-Thu 4:15-7:30-10:25 Star & Strollers Screening Thu 1
The Great Gatsby (PG) Fri-Sun 12:50-6:50 Mon-Thu 6:25
The Internship (PG) Fri-Sun 2-5-7:50-10:35 Mon-Wed 4:35-7:25-10:10 Thu 1:35-4:35-7:25-10:10 Star & Strollers Screening Thu 1
Iron Man 3 3D (PG) Fri-Sat 1:05-4:15-7:15-10:15 Sun 1:05-4-10:15 Mon-Tue 3:50-6:50-9:50 Wed 3:50-9:50 Thu 1:05-3:50
Man of Steel (PG) Fri-Sun 12-3:25-6:40-9:55 Mon-Wed 6:15-9:30 Thu 1:35-6:15-9:30
Man of Steel 3D (PG) Fri-Sun 12:35-3:55-7:10-10:25 Mon-Thu 3:30-6:45-10 Fri-Sun 1:10-4:25-7:40-10:55 Mon-Wed 4-7:15-10:30 Thu 12:50-4-7:15-10:30 Monsters University 3D (G) Thu 8-10:40 No One Lives (18A) Wed 9:30
Now You See Me (PG) Fri-Sun 2:10-4:50-7:45-10:30 Mon-Wed 4:25-7:20-10:05 Thu 1:20-4:25-7:20-10:05
The Purge (14A) Fri-Sun 1:45-4-6:15-8:30-10:50 Mon-Wed 3:35-5:50-8:05-10:25 Thu 1:25-3:35-5:50-8:05-10:25
Star Trek Into Darkness 3D (PG) Fri-Sun 1:20-4:30-7:30-10:40 Mon-Wed 4:05-7:05-10:15 Thu 1:05-4:05
This Is the End (18A) Fri-Sun 12:25-3-5:35-8:10-10:45 Mon-Tue 5:10-7:45-10:20 Wed 7 Thu 1:30-5:10-7:45-10:20 Wed 4:10-10:20
World War Z 3D (STC) Thu 8:10-10:45
WWE Payback - 2013 (STC) Sun 8

Empire 7 Cinemas
111 Albert St. 3rd Floor
World Exchange Plaza
The Great Gatsby (PG) Fri 3-6:30-9:50
Sat-Sun 12:20-3:30-6:40-9:35 Mon 3-6:30-9:50 Tue 12:20-3:30-6:40-9:35 Wed 3-6:30-9:50 Thu 2:50-6:40
The Internship (PG) Fri 3:15-6:45-10:05
Sat-Sun 12-3:15-6:15-9:20 Mon 3:15-6:45-10:05 Tue 12-3:15-6:15-9:20 Wed-Thu 3:15-6:45-10:05
The Kings of Summer (14A) Fri 2:40-6:9:10 Sat-Sun 12:30-3:20-6-9 Mon 2:40-6-9:10 Tue 12:30-3:20-6-9 Wed-Thu 2:40-6-9:10
Man of Steel (PG) , Fri 2:30 , Sat-Sun 11:45 , Mon 2:30 , Tue 11:45 , Wed-Thu 2:30
Man of Steel 3D (PG) Fri 6:15-9:30
Sat-Sun 3-6:30-9:50 Mon 6:15-9:30 Tue 3-6:30-9:50 Wed-Thu 6:15-9:30
Now You See Me (PG) Fri 3:20-6:50-9:40 Sat-Sun 12:30-3:50-6:50-9:25 Mon 3:20-6:50-9:40 Tue 12:30-3:50-6:50-9:25 Wed-Thu 3:20-6:50-9:40
Star Trek Into Darkness (PG) Fri 2:50-9:45 Sat-Sun 3:10-9:10 Mon 2:50-9:45 Tue 3:10-9:10 Wed 2:50-9:45 Thu 3-6:30-9:50
Star Trek Into Darkness 3D (PG) Fri 6:40 Sat-Sun 12:10-6:10 Mon 6:40 Tue 12:10-6:10 Wed 6:40
This Is the End (18A) Fri 3:10-7-10 Sat-Sun 12:40-3:40-7-10 Mon 3:10-7-10 Tue 12:40-3:40-7-10 Wed-Thu 3:10-7-10
World War Z 3D (STC) Thu 9:45

Mayfair Theatre
1074 Bank St.
American Mary (14A) Fri 11:55 Sun 9:30
China Town (STC) Sun 3:30 Mon 7
Indiana Jones and the Last Crusade (STC) Sat 4:30 Indiana Jones and the Temple of Doom (STC) Sat 2
Margarita (STC) Fri-Sat 7
The Marketing of Madness: Are We All Insane? (STC) Thu 6
Oblivion (PG) Mon 9:45 Tue 9:30
The Place Beyond the Pines (14A) Fri-Sat 9 Sun 6:30 Tue-Wed 6:30
Raiders of the Lost Ark (PG) Sat 11:30
The Room (STC) Sat 11:55
To the Wonder (14A) Wed-Thu 9:30

Rainbow Cinemas
St. Laurent Centre
1200 St. Laurent Blvd.
42 (PG) Fri-Thu 12:50-3:50-9
The Big Wedding (14A) Fri-Thu 10:10-12:10-2:10-6:50
Escape From Planet Earth (PG) Fri-Thu 1-3-5 Home Run (PG) Fri-Thu 10:20-6:35
Oblivion (PG) Fri-Thu 4-8:55
Oz the Great and Powerful (PG) Fri-Thu 1:10-6:30 Pain & Gain (18A) Fri-Thu 4:10-8:50 The Place Beyond the Pines (14A) Fri-Thu 10-7:20 The Sapphires (PG) Fri-Thu 10:40-1:20-6:40
Trance (18A) Fri-Thu 10:30-4:15-9:10

South Keys
2214 Bank St.
Epic (PG) Fri-Thu 11:25-2
Epic 3D (PG) Fri-Thu 4:30-6:55-9:25
Fast & Furious 6 (PG) Fri-Thu 10:25-1:25-4:15-7:20-10:05
The Great Gatsby (PG) Fri-Tue 3:30-9:15 Wed 9:15 Thu 3:30-9:15
The Hangover Part III (14A) Fri-Thu 10:50-1:10-6:50
The Internship (PG) Fri-Thu 10:40-1:20-4:10-7:10-9:50
Iron Man 3 (PG) Fri-Sat 12:10-3:20-7:05-9:55 Sun 4-7:05-9:55
Mon-Tue 12:10-3:20-7:05-9:55
Wed 3:30-7:05-9:55 Thu 12:10-3:20-7:05-9:55
Man of Steel (PG) Fri-Thu 11:55-3:10-6:30-9:40
Man of Steel 3D (PG) Fri-Thu 10:30-1:50-5:10-8:30
Fri-Thu 12:25-3:40-7-10:10
My Little Pony: Equestria Girls (STC) Sun 12:30-2:10
Now You See Me (PG) Fri 10:35-1:15-4:05-7:20-10 Sat-Thu 10:35-1:15-4:05-7:25-10
The Purge (14A) Fri 10:45-1-3:15-5:35-7:50-10 Sat 1-3:15-5:35-7:50-10 Sun-Thu 10:45-1-3:15-5:35-7:50-10
Spirit: Stallion of the Cimarron (G) Sat 11
Star Trek Into Darkness 3D (PG) Fri-Wed 12:35-3:45-7:15-10:10 Thu 12-3-6
This Is the End (18A) Fri-Thu 11:45-2:30-5-7:40-10:15
World War Z 3D (STC) Thu 9

Cinéma des
Galeries d'Aylmer
400 boul. Wilfrid-Lavigne
After Earth (G) Fri-Sun 1:10-3:20-7:10-After Earth (G) Fri-Sun 1:10-7:10 Mon 7:10 Tue 1:10-7:10 Wed-Thu 7:10 Epic (G) Fri 12:50 Sat 10-12:50 Sun 12:50 Tue 12:50
Fast & Furious 6 (13+) Fri 9:40 Sat-Thu 7-9:40 Fri 7 The Internship (G) Fri-Sun 1-3:30-7-9:30 Mon 7 Tue 1-3:30-7-9:30 Wed-Thu 7-9:30 Mon of Steel 3D (STC) Fri-Sun 12:30-3:40-6:50-9:40 Mon 6:50 Tue 12:50-3:40-6:50-9:40 Wed-Thu 6:50-9:40 Star Trek Into Darkness (G) Fri-Sun 3:20-9:20 Tue 3:20-9:20 Wed 9:20

World War Z (STC) Thu 9:15
Épique (G) Fri 3:10 Sat 10-3:10 Sun 3:10 Tue 3:10

Ciné-starz
1100 boul. Maloney Ouest
Admission (G) Fri-Sun 8:45 Mon-Thu 1:45-7:10-9:05 Astérix et Obélix: Au service de sa Majesté (G) Fri-Sun 12-1:35 Mon-Thu 12-4:25
Les Croods (G) Fri-Sun 12-1:45-3:30-5:15-7 Mon-Thu 12-3:40-5:25
Gatsby le magnifique (G) Fri-Sun 3:30-6-8:30 Mon-Thu 1:55-6:20-9
L'oubli (G) Fri-Sun 4:30-9 Mon-Thu 2:15-6:40-9
Oz le magnifique (G) Fri-Sun 12-2:15-6:45 Mon-Thu 12-4:25
Star Trek vers les ténébres (G) Fri-Sun 1:55-4:15-6:35-9 Mon-Thu 12-2:20-4:40-7-9:20

Ciné-Parc Templeton
Drive-In
1779 boul. Maloney
Est
Fast & Furious 6 (13+) Fri-

9:50 Wed-Thu 7-9:50
Rapides et dangereux 6 (13+) Fri-Sun 1:15-4-7:15-10 Mon 7:15-10 Tue 1:15-4-7:15-10 Wed-Thu 7:15-10
Sarah préfère la course (G) Fri-Sun 12:50-3:05-6:50-9 Mon 6:50-9 Tue 12:50-3:05-6:50-9 Wed-Thu 6:50-9
Le stage (G) Fri-Sun 12:15-3-6:30-9:05 Mon 6:30-9:05 Tue 12:15-3-6:30-9:05 Wed-Thu 6:30-9:05 Épique 3D (G) Fri-Sun 1-3:25-7:05-9:25 Mon 7:05-9:25 Tue 1-3:25-7:05-9:25 Wed-Thu 7:05-9:25

StarCité Hull
115 boul. du Plateau
After Earth (G) Fri-Sun 1:25-6:05-10:45 Mon 9:55 Tue 1:25-6:05-10:45 Wed-Thu 9:55 Après la terre (G) Fri-Sun 11:40-3:45-8:25 Mon 7:35 Tue 11:40-3:45-8:25 Wed-Thu 7:35 Thu 1
Fast & Furious 6 (13+) Fri-Sun 1:40-4:40-7:45-10:45 Mon 7:30-10:30 Tue 1:40-4:40-7:45-10:45 Wed-Thu 7:30-10:30

LOWEST PRICE

HONDA

Wide selection.
Competitive pricing.

Visit your local participating Honda dealer to find out more.

Honda TIRE SOURCE

GUARANTEE.

*Should you find a lower advertised price within thirty (30) days before or after the purchase of qualifying tires from a participating Honda dealer, present the Honda dealer where you purchased or intend to purchase qualifying tires with proof of the advertised price and they will match the lower price. Offer does not apply to quotes or advertised prices from outside Canada, online auction sites, wholesalers, online retailers that have no physical stores in Canada, closeout/liquidation retailers, advertising errors or misprints or restricted offers. Subject to stock availability. Applies to Michelin, Firestone, Toyo, Goodyear, BFGoodrich, Dunlop, Uniroyal, General Tire, Yokohama and Continental brands only. Qualifying tires must be purchased and installed at a participating Honda dealer in Canada. Advertised item must: (i) be an in-stock brand, excluding Bridgestone, be of the same brand, size, model, sidewall, speed and load rating; (ii) be sold through an authorized retailer located in Canada; and (iii) be in Canadian dollars. Lowest Price Guarantee does not apply to costs associated with labour, valve stems, mounting/balancing, disposal fees and taxes. Some restrictions apply. Offer subject to change or cancellation without notice. Ask your Honda Dealer for details.

Tue
L'homme d'acier (STC) Fri-Tue
Lendemain de veille 3 (13+) Fri-Tue
No Films Showing Today (STC) Wed-Thu
Oblivion (G) Fri-Tue

Gatineau 9
120 boul. de l'Hôpital
Après la terre (G) Fri-Sun 1:05-3:20-7:10-9:30 Mon 7:10-9:30 Tue 1:05-3:20-7:10-9:30 Wed-Thu 7:10-9:30
Insaisissable (G) Fri-Sun 12:40-3:15-6:40-9:20 Mon 6:40-9:20 Tue 12:40-3:15-6:40-9:20 Wed-Thu 6:40-9:20
Lendemain de veille 3 (13+) Fri-Sun 1:20-3:50-7:25-10 Mon 7:25-10 Tue 1:20-3:50-7:25-10 Wed-Thu 7:25-10
Man of Steel 3D (STC) Fri-Sun 12:45-3:45-7-9:50 Mon 7-9:50 Tue 12:45-3:45-7-

12:30-3:45-7-10:15 Wed-Thu 7-10:15
Man of Steel (STC) Fri-Sun 12:10-3:25-6:40-9:55 Mon 6:45-10 Tue 12:10-3:25-6:40-9:55 Wed-Thu 6:45-10
Man of Steel 3D (STC) Fri-Sun 1:10-4:25-7:40-10:55 Mon 7:15-10:30 Tue 12:45-4-7:15-10:30 Wed-Thu 7:15-10:30
My Little Pony: Equestria Girls (STC) Sun 12:30-2:10 Now You See Me (G) Fri-Sun 11:30-2-4:50-7:40-10:30 Mon 7:40-10:20 Tue 11:30-2-4:50-7:40-10:30 Wed-Thu 7:40-10:20
The Purge (13+) Fri-Sun 11:35-1:45-4-6:15-8:30-10:50 Mon 6:30-8:30-10:30 Tue 11:35-1:45-4-6:15-8:30-10:50 Wed-Thu 6:30-8:30-10:30
Rapides et dangereux 6 (13+) Fri-Sun 1:10-4:10-7:15-10:20 Mon 7:15-10:15 Tue 1:10-4:10-7:15-10:20 Wed-Thu 7:15-10:15
Spirit: Étalonnage des plaines (G) Sat 11
Spirit: Stallion of the Cimarron (G) Sat 11
Star Trek Into Darkness 3D (G) Fri-Sun 1:20-4:30-7:40-10:40 Mon 7:25-10:25 Tue 1:20-4:30-7:40-10:40 Wed 7:25-10:25
This Is the End (13+) Fri-Sun 12:25-3-5:35-8:10-10:45 Mon 8-10:30 Tue 12:25-3-5:35-8:10-10:45 Wed-Thu 8-10:30
World War Z 3D (STC) Thu 8-10:45
Épique (G) Fri-Sun 11:50 Tue 11:50
Épique 3D (G) Fri-Sun 2:20-4:55-7:30-10 Mon 7:30-10 Tue 2:20-4:55-7:30-10 Wed-Thu 7:30-10

Barrhaven Cinemas
131 Riocan Dr.
Epic 3D (PG) Fri 7:30-10:05
Sat-Sun 11:45-2:20-4:55-7:30-10:05
Mon-Thu 4:50-7:30
The Internship (PG) Fri 7:10-10 Sat 1:30 Sun 1-4:20-7:10-10 Mon-Thu 4:20-7:10 Star & Strollers Screening Thu 1
Man of Steel (PG) Fri 6:30-9:45 Sat-Sun 11:40-3-6:30-9:45 Mon-Thu 4:30-7:50
Man of Steel 3D (PG) Fri 7:15-10:30 Sat-Sun 12:30-3:55-7:10-10:25 Mon-Thu 4-7:15
My Little Pony: Equestria Girls (STC) Sun

12:30-2:10
Now You See Me (PG) Fri 7-9:50 Sat-Sun 1:10-4:10-7-9:50 Mon-Thu 4:55-7:45 Star & Strollers Screening Thu 1
Spirit: Stallion of the Cimarron (G) Sat 11
Star Trek Into Darkness 3D (PG) Fri 7:10-10:20 Sat 12:50-4-7:10-10:20 Sun 4-7:10-10:20 Mon-Thu 4:10-7:20
This Is the End (18A) Fri 7:40-10:15 Sat 11:55-2:30-4:20-5:05-7:10-7:40-10-10:15 Sun 11:55-2:30-5:05-7:40-10:15 Mon-Thu 5-8

SilverCity, 2385
City Park Dr.
After Earth (PG) Fri-Tue 12:15-2:55-5:40-8:15-10:55 Wed 4-8:15-10:55 Thu 12:15-2:55-5:40-8:15-10:55 Star & Strollers Screening Wed 1

Epic (PG) Fri 12:05 Sat 11:10-12:05
Sun-Thu 12:05 Epic 3D (PG) Fri-Thu 2:45-5:25-8:05-10:45
Fast & Furious 6 (PG) Fri-Thu 1:15-4:30-7:45-11 The Great Escape (STC) Mon 7:30 Thu 9
The Great Gatsby 3D (PG) Fri-Tue 12:45-4-7:15-10:30 Wed 12-3:20-10:30 Thu 12:45-4-7:15-10:30
The Hangover Part III (14A) Fri-Sat 12-2:40-5:20-8-10:30 Sun-Mon 12-2:40-5:20-8 Tue-Wed 12-2:40-5:20-8-10:30 Thu 1-3:40-6:20
The Internship (PG) Fri-Thu 1:50-4:50-7:50-10:50
Iron Man 3 3D (PG) Fri-Wed 12:30-3:45-7-10:15 Thu 12:30-3:45
Man of Steel (PG) Fri-Thu 12:10-3:25-6:40-9:55
Man of Steel 3D (PG) Fri 12:40-2:15-3:55-5:30-7:10-8:45-10:25 Sat 11-12:40-2:15-3:55-5:30-7:10-8:45-10:25 Sun-Thu 12:40-2:15-3:55-5:30-7:10-8:45-10:25
Man of Steel: An IMAX 3D Experience (PG) Fri-Thu 4:25-7:40-10:55
Man of Steel: The IMAX Experience (PG) Fri-Thu 1:10
Monsters University 3D (G) Thu 8-10:55
Mud (PG) Fri-Sat 12:55-4:10-7:25-10:40 Sun-Mon 12:55-4:10-10:40 Tue 12:55-4:10-7:25-10:40 Wed 4:10-6:30 Thu 12:55-4:10-7:25-10:40 Star & Strollers Screening Wed 1
No One Lives (18A) Wed 9:30
Now You See Me (PG) Fri 1:35-4:35-7:35-10:35 Sat 1:35-4:35-7:35-10:35
The Purge (14A) Fri-Thu 12:20-2:50-5:15-7:55-10:20
Spirit: Stallion of the Cimarron (G) Sat 11
Star Trek Into Darkness (PG) Fri-Thu 12:50
Star Trek Into Darkness 3D (PG) Fri-Sun 4:05-7:20-10:35 Mon 3:50-10:35 Tue-Wed 4:05-7:20-10:35 Thu 4:05
This Is the End (18A) Fri-Thu 12:25-3-5:35-8:10-10:45
World War Z 3D (STC) Thu 8-11
WWE Payback - 2013 (STC) Sun 8

Empire Theatres Orleans
6 Cinemas
3752 Innes Rd.
Epic (PG) , Fri-Sun 12:50-6:50 , Mon 6:50 , Tue 12:50-6:50 , Wed 6:50
Epic 3D (PG) Fri-Wed 4-9:30 Thu 4
Fast & Furious 6 (PG) , Fri-Sun 12:10-3:20-6:40-9:50 , Mon 3:20-6:40-9:50 , Tue 12:10-3:20-6:40-9:50 , Wed-Thu 3:20-6:40-9:50 The Hangover Part III (14A) Fri-Sat 12:20-3:10-6:10 Sun-Mon 3:10-6:10 Tue 12:20-3:10-6:10 Wed 3:10-6:10 Thu 3:10-6 The Internship (PG) , Fri-Sun 11:50-2:50-6:15-9:10 , Mon 2:50-6:15-9:10 , Tue 11:50-2:50-6:15-9:10 , Wed-Thu 2:50-6:15-9:10
Iron Man 3 (PG) Fri-Wed 9
Man of Steel (PG) , Fri-Sun 11:30-3-6:30-10 , , Mon 3-6:30-10 , , Tue 11:30-3-6:30-10 , , Wed-Thu 3-6:30-10
Man of Steel 3D (PG) , Fri-Sun 12-3:30-7-10:30 , Mon 3:30-7-10:30 , Tue 12-3:30-7-10:30 , Wed-Thu 3:30-7-10:30
Monsters University 3D (G) , Thu 8
My Little Pony: Equestria Girls (STC) , Sun 12:30
Now You See Me (PG) , Fri-Sun 12:30-3:45-7:20-10:10 , Mon 3:45-7:20-10:10 , Tue 12:30-3:45-7:20-10:10 , Wed-Thu 3:45-7:20-10:10
The Purge (14A) , Fri-Sun 12:40-4:20-7:15-9:40 , Mon 4:20-7:15-9:40 , Tue 12:40-4:20-7:15-9:40 , Wed-Thu 4:20-7:15-9:40 Star Trek Into Darkness (PG) , Fri-Wed 2:45-9:20 , Thu 2:45-6-9:20
Star Trek Into Darkness 3D (PG) Fri-Sun 11:40-6 Mon 6 Tue 11:40-6 Wed 6
This Is the End (18A) , Fri-Sun 1-4:30-7:30-10:20 , Mon 4:30-7:30-10:20 , Tue 1-4:30-7:30-10:20 , Wed-Thu 4:30-7:30-10:20
World War Z 3D (STC) , Thu 8:30

You can do that on television

In case no pundit has told you, we're currently in another Golden Age of television. If more proof was needed, then consider that it no longer has the stigma it once did for actors. Hollywood's best thespians have been slowly gravitating toward TV — not just as guest stars, but as regulars.

MATT PRIGGE
Metro World News

Glenn Close

The Shield, Damages

Film history: Since 1982's *The World According to Garp*, Close has been one of the biggest award-gobblers. She's a six-time Oscar nominee, plus a three-time Tony winner.



Jump to TV: She's also a woman, and today's Hollywood execs don't know what to do with women once they pass 40. Once roles dried up, she appeared first on *The Shield*, then on *Damages*, which recently concluded its run. At the time it was unheard of that an actress of her stature would do TV. But now it's clear she was ahead of the curve.

Don Cheadle

House of Lies

Film history: Of many great performances, please note Cheadle's turns in *Devil in a Blue Dress*, *Boogie Nights*, *Out of Sight* and *Hotel Rwanda*.

Jump to TV: Insanely, it's been awhile since he's had a truly juicy film role. Luckily, on Showtime he's a charmingly ruthless management consultant on *House of Lies*. Cheadle won a Golden Globe for his work, and the show has just been picked up for a third season.



Christina Ricci

Pan Am



Film history: Child stars and "it" girls don't have long shelf lives. Ricci was both, and perhaps it was inevitable that a series of duds — most notably the Wachowskis brother's *Speed Racer*, which

was too insane for mainstream audiences — would cut down on her film work.

Jump to TV: Like many, she found solace on television. On *Pan Am*, she played a '60s-era stewardess, in what was a naked attempt to cash in on the *Mad Men* craze, but with more sex and skimpier outfits. The show started strong but was canceled after 14 episodes.

Mira Sorvino

Gaffigan

Film history: The daughter of Paul, Sorvino is a talented actress who unfortunately joined the small clique of actors who struggled despite (or because of) winning an Oscar. Few could follow up her feted performance as a ditzy prostitute in *Mighty Aphrodite*, but sadly she's largely (but not completely) faded

from view.

Jump to TV: Sorvino broke through with a comic performance, so it's appropriate that her most prominent role in years is a comedy show. She will soon play comic Jim Gaffigan's wife on his upcoming semi-autobiographical show. This is great news.



Kevin Bacon

The Following

Film history: Bacon is so prolific and versatile that there's even a time-waster game called *Six Degrees of Kevin Bacon*.

Jump to TV: Bacon's wife, Kyra Sedgwick, finally achieved stardom with TV's *The Closer*. That may be why he teamed up with *Scream*'s Kevin Williamson to play an FBI agent chasing an escaped killer.



Peter Sarsgaard

The Killing

Film history: One of the best actors of his generation (and married to another of them, Maggie Gyllenhaal), Sarsgaard is a stealth movie-stealer. The key is that his looks are deceiving: He looks like a nice guy, but underneath he's capable of much more, be that murder (*Boys Don't Cry*), cool calculation (*Shattered Glass*) or lies (*An Education*).

Jump to TV: Meaty Hollywood (or even indie) roles are thin on the ground these days. That's one reason he's now on season three of *The Killing*, playing a death row inmate soon to be executed for murdering his wife. Alas, that means spending months acting in a tiny cell.

Quoted: "Many of my favourite actors are on television. ... If you want to act with them, you have to be on television." — Metro



Maggie Smith

Downton Abbey

Film history: Though a two-time Oscar winner, it wasn't until she was older that Smith became the icon she is today. That happened when she became the catty dowager in Robert Altman's *Gosford Park*.

Jump to TV: Re-teaming with *Gosford Park* screenwriter Julian Fellowes, Smith basically re-created her character — although her countess is far less acid-tongued.

Quoted: "I'm not quite sure what (being a star) means. I am familiar to people now, which is what I was not before. ... That is entirely due to the television set." — CBS



Kevin Costner

Hatfields & McCoy's

Film history: Once upon a time Kevin Costner was the biggest movie star in the world. His fall was mighty, although he's rebounded in supporting roles, as in *The Upside of Anger*.

Jump to TV: If a gig on The History Channel sounds like a worse fate than a box office dud, then consider that the show — about the storied warring families — had huge ratings and garnered 16 Emmy nominations, one of which he won.

Quoted: "I won't make a movie unless I have the ability to do it the way I want." — Telegraph



CROSTOWN TRAFFIC

RECORDS
PIPES
DVDs

2 LOCATIONS:
593 Bank St.
in the Glebe
613-234-1210

396 Athlone Ave.
in Westboro
613-728-4800

présente le
FESTIVAL INTERNATIONAL DE JAZZ DE MONTREAL
en collaboration avec
RioTinto Alcan

SOYEZ DE LA FÊTE!
28 JUIN AU 7 JUILLET

3000 MUSIENS • PLUS DE 150 CONCERTS EN SALLE
300 SPECTACLES EXTÉRIEURS GRATUITS • 10 JOURS DE MUSIQUE

PROGRAMME DOUBLE

LYLE LOVETT
ACOUSTIQUE

CHRIS ISAAK
et ses MUSICIENS

Judi 4 juillet
SALLE WILFRID-PELLETIER, PDA • 19h30

CHAMPION
et ses G-STRINGS avec I MUSICI

Samedi 6 juillet
SALLE WILFRID-PELLETIER, PDA • 19h30

première partie:
DEAR CRIMINALS

Martha Wainwright

Judi 4 juillet
THÉÂTRE MAISONNEUVE, PDA • 20h

MOLLY RINGWALD

Samedi 6 juillet
CLUB SODA • 19h

JOSHUA REDMAN QUARTET
WALKING SHADOWS

avec
AARON GOLDBERG,
REUBEN ROGERS et
GREGORY HUTCHINSON
et UN ORCHESTRE
A CORDES DE
18 MUSIENS

Samedi 29 juin
MAISON SYMPHONIQUE DE MONTREAL • 19h

Concert de clôture
en collaboration avec CBC Radio-Canada

SOWETO GOSPEL CHOIR

Samedi 6 juillet
MAISON SYMPHONIQUE DE MONTREAL • 15h-19h

Billetterie
PLACE DES ARTS
MAISON SYMPHONIQUE DE MONTREAL
514 842-2112 • laplacedesarts.com

METROPOLIS
1 855 790-1245
ticketmaster.ca
admission.com

CLUB SODA
514 286-1010
clubsoda.ca

montrealjazzfest.com **f** montrealjazzfest **@festivaljazzmtl**

info jazz
LA PRESSE
514 871-1881
1 855jazzfest

Bell

Heineken

Canada

Montréal

TOURISME Montréal

Québec

SAO

Radio-Canada

SPECTRA

10 years ago, a little show called Canadian Idol was born

Television. After a divisive beginning, Mulroney says 'we proved (critics) wrong'

It was a decade ago this week that Canadian Idol debuted, and it was also something of a premiere for host Ben Mulroney.

Then only 27 and better-known to Canadians as the son of a former prime minister rather than a ubiquitous fixture of entertainment news coverage, Mulroney recalls watching the show's taped premiere at a friend's place with 10 or so others. Afterward, they hopped in a taxi and headed off to a downtown Toronto sports bar, and they were dropped off a small hike away.

"We had to walk about a block, and a car full of girls drove by and honked. And then two seconds later, a car full of guys drove by and heckled me," Mulroney recalled. "And I thought: 'OK. This is the new dynamic.'"

It wasn't only Mulroney's life that changed, of course.

Over its six-year run, Canadian Idol was fiercely criticized as a glorification of crass commercialism over artistry, as an uncreative (and un-Canadian) carbon copy of a hit international reality franchise and, eventually, as an ineffective star maker capable only of creating fleeting flashes rather than sustained heat.

While the debate has faded since the show was indefinitely "suspended" due to the chilly economic climate of 2008, those involved with its launch remember just how divisive Canadian Idol was.

"It was not a foregone conclusion it was going to be successful," recalled Mulroney. "If you look at the jaded, cynical members of the press ... they were convinced this was not a Canadian thing to do. 'We don't do stuff like this. ... We don't celebrate the way that the Americans do.'"

"And yet we proved them wrong. But we had to fight very hard against that sentiment."

Back in spring 2003, American Idol was flying



Ben Mulroney was only 27 when he began host duties of the premier of Canadian Idol. HANDOUT

high. Following the surprise-smash initial run of episodes in 2002, the show had just wrapped its must-see second-season.

The show was so hot that even Justin Guarini appeared briefly marketable, with his debut solo record days from release when Canadian Idol launched.

The Idol format had already proved popular in various iterations around the world, but given the star-making turn from acerbic British judge Simon Cowell on American Idol, it was obvious early on to executive producer John Brunton and his team at Insight Productions that assembling the judges would be crucial.

The y

FROM TOP: FARLEY, JAKE, ZACK AND SASS

settled on a four-person panel with three of those judges in familiar roles: husky-voiced belter Sass Jordan was the sympathetic, confidence-boosting artist on the panel (like an Earth-bound Paula Abdul); promoter and manager Farley Flex was the forthright if generally positive industry insider — a la Randy Jackson; and entertainment lawyer Zack Werner was the Cowell-like outspoken bad boy, armed with a poison-tipped tongue and irreverent attitude toward the proceedings.

Jake Gold, the fourth judge who was best-known for steering the career of the Tragically Hip, among others, was blissfully free of any archetype.

THE CANADIAN PRESS



Rob Kazinsky GETTY IMAGES

True Blood stardom means free food perks

Rob Kazinsky. British actor joins cast and talks about experience of shooting U.S. series



**NED
EHRBAR**
Metro World News in Hollywood

This season on *True Blood*, there's a new faerie in town with Rob Kazinsky's Ben Flynn, a supernatural love interest for Sookie Stackhouse (Anna Paquin). The British actor is aware his introduction will likely rile some of the show's relationship-obsessed fans, but he's just happy to have a job that comes with free snacks.

So, any trepidation about coming on as a new love interest for Sookie?

I am 100 per cent certain that I am going to be absolutely hated by everyone. Team Eric's going to hate me, Team Bill's going to hate me, Team Alcide — they're all going to

absolutely loathe this guy just because he's not them. And I am prepared for that backlash. However I think in time people will come to realize that Ben, for the first time, offers a chance at happiness that none of those guys could ever give her. He is essentially a much more honest and a much more accessible guy than everybody else. But that certainly doesn't mean he's boring.

How does this compare to your time on the British soap opera Eastenders?

Different worlds. Vastly different worlds. I did 254 episodes of *Eastenders* and averaged about 85 episodes a year, shooting anywhere between 30 and 50 pages of dialogue a day. And then this, we're doing 10 episodes a year, so it's a slightly different machine. (laughs) The whole way everything goes on here in America is very, very different to how it's run in England. The biggest difference to me is always craft services. Having free food on set is just the best thing that's ever hap-

pened to anybody ever.

Is craft service really not a thing in England?

For the BBC there's no such thing as crafty or free food. At Eastenders there wasn't, anyway. So having doughnuts on set? Wonderful. Fresh fruit all the time? Having a coffee machine instead of having to pay three pounds for your coffee every time you want one? Oh my God, it's great.

This is news to me. I feel like my only exposure to British TV production was Extras, which looked more in line with American setup.

I think that was the idea so that it would be universally sellable. I mean, my experience in England is fairly limited to the soap that I did and the one other TV show I did. The way they do it [in the U.S.], when I did Brothers and Sisters, Law & Order, everything, it's a much easier place to be off-set, you know what I mean? There's much more to do when you're not working.

Mind the app

Lifesaver



MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

iPhone/iPad (Free)



Someone collapses at the station, can you help? These convincing simulations will place you at the scene so you can effectively learn CPR while your phone's sensors measure your success.





The look of choice on Queen Street West in Toronto Sunday night might well be Thierry Lasry shades and drop-crotch pants as music fans gather for the block party of the year. Crossover K-Pop sensation PSY is sharing hosting duties at MuchMusic's annual MMVA bash along with VJ's Scott Willats and Lauren Toyota. Remember the Gentleman singer's style code: "dress classy to dance cheesy." Set the mood with the Red Carpet special at 8 p.m. ET and then the party airs live on MuchMusic, and on Fuse in the U.S. at 9 p.m. ET. Here's five reasons why you should tune in, or even better, turn up!

MIKE DJOC
scene@metronews.ca

Red carpet roll up

Arriving in style is a hallmark of the MMVAs. In past years we've had Billy Talent roll up atop a Second World War era Sherman Tank on loan from an Ontario museum, Simple Plan cruise up in a pink limousine with band members rocking short white shorts and midriff-baring tees, and Katy Perry serving up cool treats in an ice cream truck. When it comes to outlandish entrances, Marianas Trench, who leads the pack this year with six nomination nods, typically takes the cake. In past years, the Vancouver pop-rockers have come to the carpet in a hot tub, human-size hamster balls and even a mobile bouncy house.



5

reasons to watch this year's MMVAs

Video of the year

This is the biggie. Could it go to nominations leader Marianas Trench for *Desperate Measures*, where frontman Josh Ramsay channels Tom Cruise circa *Risky Business* and *Toy Story*'s Woody, or perhaps Drake reliving his coming up days and hamming it up at Shoppers Drug Mart in *Started from the Bottom*? The other contenders in the mix are Serena Ryder for *Stompa*, The Weeknd for *Wicked Games*, and Classified for *Inner Ninja*.



Taking to the stage

Artists leave it all on the stage at the MMVAs — from Avril Lavigne's cheek-revealing rendition of *Complicated* back in 2002 (which she had fun with the following year with some intentional mooning action) to Lady Gaga's electric medley a few years back that culminated with fireworks shooting out of her bustier. This year PSY, the master of cheesy dance moves, may treat us to the wild gyrations that accompany *Gentleman*, his viral smash — the video has more than 400 million YouTube views — or kick it relatively old school by social media standards with *Gangnam Style*. Regardless, the performance slate for the MMVAs is dripping with hot artists that will keep audiences moving. The lineup includes Demi Lovato, Armin Van Buuren featuring Trevor Guthrie, Ed Sheeran and Marianas Trench.



Billy Talent

The MMVAs have been kind to these Mississauga punk rockers in the past, feting them with 29 nominations and nine wins. But they may want to clear off some shelf space on the mantle. The video for *Surprise Surprise* is on the ballot in a trio of categories, so they're in spitting distance of surpassing Our Lady Peace's all-time record haul of 10 wins. Who is the queen of the MMVAs? Look no further than Avril Lavigne, who'll notch her fifth MMVA performance (the most of any artist) this year.



Handling hot hardware

Taylor Swift is sticking around town after a pair of sold out shows at the Rogers Centre to hand out an award. Among the presenters joining T-Swizzle in distributing MMVAs to their worthy recipients are a bevy of faces sure to illicit teen squeals when they take the stage: Teen Wolf's alpha heartthrob Tyler Hoechlin, *Revenge*'s Joshua Bowman, *Glee*'s Naya Rivera, *Big Bang Theory*'s Kunal Nayyar, *Arrow*'s Stephen Amell (pictured) and *Suits*' Patrick J. Adams, to name a few.



ON SUNDAY JUNE 16TH
DON'T JUST WATCH THE MMVAS...



AMPLIFY THE SHOW
WITH THE SECOND
SCREEN EXPERIENCE

MMVA.MUCHMUSIC.COM/TURNITUP

Watch, share and interact with the show.
Access exclusive chats, polls and behind-the-scenes
with your favourite celebs. Check back after the show
for all the content you want.

COVERGIRL



OLAY
fresh effects

Gillette
Venus



SUNDAY
JUNE 16
9E/6P

#turnitup

Old and new

Looking back on her old discs and new projects.

- **New album.** Rosanne Cash has a new album coming out in January. She says it's about the South and her relationship with the region, partially inspired by Arkansas State University restoring her father's boyhood home. "My heart started to swell," she says. The region is "really the bed of where this music came from. The connection to that music is so profound to me."
- **Her last record.** Black Cadillac was a "totally different mindset," she says. "It was such a painful process, painful and liberating. ... This had the richness of going that deep into the past and the future ... and it didn't have the heaviness of heart that Black Cadillac had." She adds, "There's something very celebratory about it, even though some of the songs are very dark."



Rosanne Cash's new album will be out next January. GETTY IMAGES

The Man in Black becomes the Man on the envelope

Music. Rosanne Cash talks about her new album, interacting with fans on Twitter and how her dad will tour again, but in a different way

ALISON BOWEN
Metro World News

An Oscar-nominated film and countless recordings have been created to honour country great Johnny Cash, but this will be the first time he travels the world forever.

Last week, the United States Postal Service unveiled a Forever stamp honouring him in their Music Icons series.



His daughter, Rosanne Cash, says the idea of her father's face adorning letters around the world is an exciting honour.

"It would be so special to him," she says. "He's now going to be touring the planet forever. ... And that's what he loved, he loved touring."

She adds, "It's the ultimate American honour, in a way."

Although the stamp was

a nod to letters, Rosanne Cash is active on a new communication tool: Twitter, where she interacts as @rosannecash with other musicians, fans and even someone who taught her to knit.

Her father, who never had an email account, would not be tweeting, she says.

"He was such a reflective person, and he enjoyed solitude a lot," she says.

3 songs for the weekend

This week tracks picked from Volto!, Mumdance and Thomas Dolby to confound and confuse preconceptions



SOUND CHECK
Alan Cross
scene@metronews.ca



Grip It/Volta!

There's still no new Tool album in sight, so drummer Danny Carey is passing the time with his new band called Volto! An album called Incinate will be out later this month.



Twist and Turns/Mumdance

Jack "Mumdance" Adams makes music that incorporates everything from shoegaze to dubstep. It's not for everyone, but it's different.



She Blinded Me with Science/Thomas Dolby feat. Buzz Aldrin

A live performance of Dolby's 1982 hit with a cameo from the second man on the moon. It doesn't get much geek-cool than this.

rainbow foods
The Healthy Choice. For You. For Life.

Happy Father's Day!

Brad King Ultimate Male Energy™ helps men over 30 increase testosterone levels, reduce abdominal fat, increase energy and improve libido.

ON SALE \$41.99

150 caps
NPN 80035769

Brad King Ultimate Prostate™ helps reduce difficulty in urination associated with the early symptoms of BPH and supports overall prostate health.

ON SALE \$29.99

90 caps
NPN 80038374

1487 Richmond Road • Ottawa • 613-726-9200
rainbowfoods.ca Hours: M-F 8am-8pm; S-S 9am-7pm

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

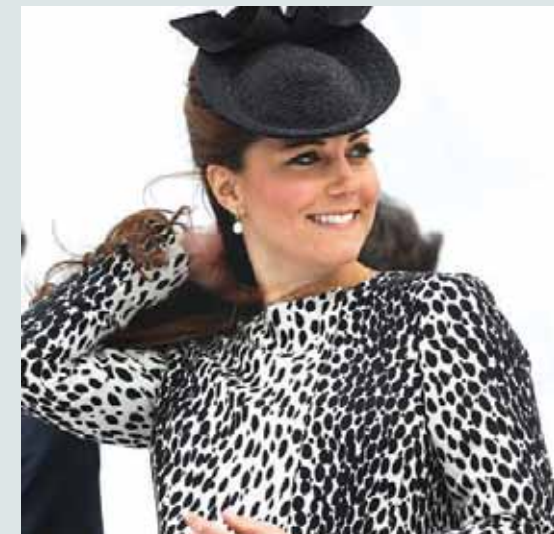
The Word

Banal boat duty highlights redundancy of the Royals

ALEXANDRA CAVALLIO
Metro World News

Evidence that the Royals are just redundant figure-heads: one super important royal duty that the Duchess of Cambridge had to take care of recently included blessing the newest ship in the Princess Cruises fleet.

The only woman capable of such a lofty task, the very pregnant Kate apparently smashed a giant champagne bottle on the cruise ship's helm in order to officially christen it "Royal Princess."



She then said "I name this ship Royal Princess. May God bless her and all who sail in her."

David Cameron must have been off on some

sort of other really important business, because we find it hard to believe he would shirk a crucial political event like this of his own volition.



Harry Styles

Take tatt! Styles and Bieber appear to be in an ink war

One Direction's Harry Styles is giving Justin Bieber a run for his money when it comes to accumulating body art. It's tough to say which 19-year-old pop star has more body art at this point, but Styles is at least being a bit bolder with his references: The Brit showed off a pair of George

Michael-inspired ankle tattoos while out in Miami this week, according to the Daily Mail. Just above each foot, Styles has the words "Never gonna dance again" inscribed, referencing a lyric from the 1984 Wham! hit Careless Whisper. Your move, Bieber.

Martinez may be French, but Berry will have a Yankee doodle boy

Halle Berry is having a boy, and she's having him in the States. At least that's what her fiancé, Olivier Martinez, let slip to People magazine. "My son will be an American, but I remain French," Martinez said during the Champs-Élysées Film Festival in Paris this week. "I remain a Frenchman in America, but I adapt to American culture. I feel good there — but I'm still a foreigner."



Halle Berry. ALL IMAGES GETTY



Justin Bieber

No room for Bieber, Liam already put a ring on it, Cyrus says

Rumours have been circulating all week that Miley Cyrus and Justin Bieber are becoming more than just friends after they were spotted dancing and looking a "little flirtatious with one another" at a Los Angeles club last weekend, but Cyrus is eager

to put such talk to rest. "I'm engaged. I'm engaged. That is impossible," Cyrus tells radio station Hot 99.5, calling in herself to clear the air. Her fiancé, Liam Hemsworth, was notably absent during her night out with Bieber.

Rumours of Prince Harry and model are unfounded

It looks like Cressida Bonas can relax: There's reportedly nothing to reports that her rumoured boyfriend, Prince Harry, is "getting close" to model Cara Delevingne, according to E! News. "Everyone is on the wrong track with who she's dating. He's not her type," a source says of Delevingne. "Cara is not dating anyone right now." The 20-year-old model has also been linked to Harry Styles, Leonardo DiCaprio and Justin Bieber.



Prince Harry

The 2013 South Asian Comedy Showcase

SATURDAY JUNE 22
Ottawa Little Theatre • 8PM-10PM
400 King Edward Avenue
Tix: \$25/ea. or 4 for \$80

Headliner PAUL VARGHESE
NBC's Last Comic Standing, Just For Laughs, and Showtime's Russel Peters' Presents

ALI HASSAN
CBC's "George Stroumboulopoulos Tonight", Breakaway, French Immersion, and Goon

BEN MATHAI
Just For Laughs Comedy Festival and The St. John Comedy Festival

SUNEET LUTHRA
One of Canada's fastest rising South Asian comedians

The South Asian Comedy Showcase is making its way to the nation's capital!

With North America's HOTTEST South Asian stand up comedians

Get Your Tickets Today!
www.thesouthasiancomedyshowcase.com

Mirchi Masala Radio
India's Oldest Broadcasting - Since 1996

3
LIFE

The steak house comes to dad this Father's Day

Dinner. Cook this twist on the Batman and Robin of manly fare — steak and potatoes

1. Heat the oven to 350 F.

2. In a large nonstick skillet over medium-high, heat 1 tablespoon of the oil. Add the grated potatoes, pressing them down with a spatula, then reduce the heat to medium and cook until golden brown on the bottom, 10 to 12 minutes. Remove the skillet from the heat. Set a large dinner plate over the skillet, then invert to transfer the potatoes, browned side up, onto the plate.

3. Return the skillet to the heat and add another 1/2 tablespoon of oil. Slide the potatoes back into the skillet, browned side up. Cook

Ingredients

- 4 tbsp extra-virgin olive oil
- 2 medium russet potatoes, peeled and coarsely grated, preferably using the grating disk of a food processor
- Kosher salt and black pepper
- 1 medium shallot, minced
- 1 tbsp white wine vinegar
- 2 tbsp dry white wine
- 2 tsp dried tarragon
- 6 oz 1/3-less fat cream cheese (Neufchâtel)
- 1 1/2 lbs flank steak, trimmed of any visible fat
- 1 1/2 lbs baby spinach leaves
- 2 cloves garlic, minced
- 2 tsp chopped fresh tarragon



This recipe serves six. MATTHEW MEAD/THE ASSOCIATED PRESS

until golden brown on the second side, about another 10 minutes. Season with salt and pepper, then transfer to a sheet pan and place in the oven to keep warm.

4. Meanwhile, in a small saucepan over medium-high, combine the shallot, vinegar, white wine, tarragon, a hefty pinch of salt and a few grinds of pepper. Bring to a boil, then reduce heat to simmer. Cook gently until reduced to about 1 tablespoon. Add the cream cheese, 1 tablespoon at a time, whisking each until incorporated. Whisk in 2 tablespoons water, then set aside.

5. Wipe out the skillet, add 1 tablespoon of the remaining

oil and heat it over medium-high. Pat the steak dry, sprinkle it on both sides with salt and pepper, then add it to the skillet. Cook the steak to desired doneness, 4 to 5 minutes per side for medium rare, then transfer it to a platter, cover it loosely with foil and let it rest for 5 minutes.

6. While the steak is resting, add a tablespoon of the oil to the skillet and reduce the heat to medium. Add the spinach in 4 batches, adding more as each batch cooks down slightly. Add the remaining 1/2 tablespoon of oil after the first 2 batches of spinach. Cook until the spinach is just wilted, then add the garlic and salt and pepper to taste. Cook for another minute,

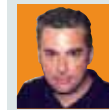
then keep warm on low heat.

7. Remove the potato pancake from the oven and cut it into 6 wedges. Slice the steak thinly at an angle against the grain. Add the juices from the resting steak to the sauce along with the fresh tarragon, and additional water, if necessary, to reach the desired consistency. Warm the sauce over medium heat just until hot.

8. Transfer a potato wedge, a mound of spinach and some of the steak to each of 6 serving plates. Drizzle the sauce over each portion of steak and serve immediately. **THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF THREE COOKBOOKS, INCLUDING SARA MOULTON'S EVERYDAY FAMILY DINNERS.**

Liquid Assets

A glass of inspiration



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

One of my resolutions for 2013 was to barbecue better. I've spent too many years tossing burgers on the grill and turning back to my glass while they slowly turn into charcoal.

For inspiration, I've looked to Argentina. It's a country where grilling is more than a cooking philosophy, it's a way of life.

While beef is king at an asado, the Argentinean term for barbecue, a typical grilled menu can cover a number of courses featuring a variety of meat cuts including organs that Canadians find an acquired taste. Chitlins anyone?

Nothing washes down all that protein better than a glass of red wine, which is one of the reasons why malbec is the star of Argentina's wine industry.

The grape produces deep, dark wines with varying levels of spiciness that pair perfectly with accretive flavours (like those found in barbecue sauces) and helps massage the meat.

Bodegas Catena Zapata is one of the country's most celebrated vineyards. Its 2011 Alamos Malbec (\$13.95 to \$14.99) is a balanced red with ripe berry fruit and a flowing black pepper trail.

Pass the sweetbreads. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**



The start of your path to treatment is only a phone call away.

Drug & Alcohol Helpline

1-800-565-8603



www.DrugAndAlcoholHelpline.ca



Ontario

MIDEARTH TRAVEL

738 Bronson Ave. 224-6 Hunt Club Rd.
613-236-5226 613-236-2323
www.midearth.ca

TORONTO - NIAGARA FALLS
2-day trip, 1000 Islands Cruise,
Toronto & Niagra Falls. Weekly departures
from **\$109**

QUEBEC CITY & WHALE WATCHING
Quebec City & Montreal. 2-day trips
from **\$119**

USA 4-DAY BUS TOUR
NYC - Washington DC - Atlantic City
Departure: June 29 and more
from **\$209**

All including Bus & Hotel

NEW YORK CITY FUN
3-4 Days, NYC and Woodbury Outlets
Departure: June 28 and more
from **\$179**



Modern dad Chris Pegula, sporting a DiaperDude bag, and his son Cole. AP PHOTO

Moms everywhere hail the dawn of the modern-day dad

Joint effort. The days of one-sided parenting appear to be a thing of the past as new age fathers everywhere step up to the plate

Laura Radocaj of Vero Beach, Fla., was warned when she was pregnant with twins that motherhood would be harder than she imagined — especially because she planned to go back to work while the twins were still babies. “But this has been the easiest transition,” said Radocaj, 28, who works from home in corporate communications. So what’s her secret?

Her husband, Marco, also 28, puts in just as much time with child care and housework as she does, even though he works full-time for an air-conditioning company. “If your partner is splitting things 50-50, it’s easy,” said Laura.

“Before, when everyone made motherhood seem like such a big deal, men weren’t chipping in as much.”

Something is changing with today’s young fathers. By their own accounts, by their wives’ testimonies, and according to time-use studies and other statistics, more men are doing more around the house, from packing school lunches and doing laundry to getting up in the middle of the night with a screaming infant.

“If it’s not my job, then it’s her job, and that wouldn’t be fair,” said Marco.

But it’s not just about sharing chores. For dads in their 20s and 30s, being an involved father is part of their identity. They blog about changing diapers, they chat nonchalantly with colleagues about breastfeeding, and they trade recipes for baby food while working out with guys at the gym.

For their part, the new dads say they want things divided equally. Fatherhood, says Jeremy Foster, 37, of Kan-

Light bulb moment

“They (the baby bags) were so feminine, there was no way in hell I was going to carry one of them.”

Founder of DiaperDude bags Chris Pegula
On what first got him thinking about making baby bags for fathers.

sas City, Mo., has gone from a “provide, protect scenario, to a team effort, especially nowadays with couples raising children where both work full time.”

Foster and his wife also have his-and-her diaper bags — hers with a floral pattern, his a grey-and-orange messenger bag from DiaperDude.com. The company was founded 10 years ago by Chris Pegula of Santa Monica, Calif., a father of three who was put off by his wife’s taste in diaper bags.

“They (the baby bags) were

so feminine, there was no way in hell I was going to carry one of them,” said Pegula, now 41. “They had colourful stripes and flowers and leopard prints. They were basically purses. I went to look for a bag for myself but there wasn’t anything on the market in a dad category.” Diaper Dude now sells dozens of styles designed to appeal to men, from camouflage prints to bags with baseball team logos.

Part of why dads are doing more around the house may be that women are doing more in the workplace. A study from the Pew Research Center this month found that mothers are the breadwinners in a record 40 per cent of families.

At the same time, the number of stay-at-home dads is twice what it was 10 years ago — though still a relatively small number at 176,000. And in two-thirds of married couples with children under 18, both parents work, according to the U.S. Census.

THE ASSOCIATED PRESS



Pepto-Bismol Chewables To-Go.



The Power of
PEPTO
now in your pocket.

Relief of heartburn, indigestion, nausea, upset stomach and diarrhea. To make sure this product is right for you, always read and follow indications.

© Procter & Gamble, Inc., 2013 PHC-12284



CYNOCLUB/VEER

POLISHED AND PRETTY

Brushing your pooch makes it look polished and pretty. But it has many more benefits.

It keeps your dog's coat free of tangles,

matts and debris and removes old and shedding hair. It also gives you the opportunity to do a little doggie bonding and helps you learn about your dog's body —

you can look and feel for lumps, cuts or scabs, as well as fleas and ticks. Note that this summer, the word is that ticks are out in full force, so be on the lookout.

Make brushing a positive experience for you and your dog by doing it regularly. The dog will get used to it, you will get good at it and there won't be an opportunity for tangles and matts to get out of control and make the process uncomfortable and lengthy.

"Start with a part down the backbone, so you know you're getting all the layers of hair," says Amy Graham, a PetSmart groomer and salon manager in Stoney Creek, Ont. Systematically, move from section to section to ensure you are getting all areas.

"Keep an eye on the dog's skin — if it appears red, he may be getting a brush burn."

Remember to brush gently, confining your brushing to the hair and not the skin as much as possible, especially in sensitive areas.

If you are using a deshedding tool on a shedding breed, "simply run the tool over the dog's coat to remove excess hair."

If the job gets too difficult for you to handle easily it may be time to take your dog for professional grooming.



STOCKLITE/VEER

THE RIGHT TOOLS FOR A HEALTHY COAT

- For double-coated breeds with thick undercoats like collies or collies or chow chows, choose a deshedding tool like a Furminator.
- For long-coated dogs without undercoats, such as poodles, use a slicker brush with short, pin-like bristles and a

- comb to check for knots and tangles.
- Short-haired dogs like boxers or bulldogs can be brushed with a rubber brush, or use a Furminator if you are trying to help reduce shedding."
- Also have some detangling spray on hand to help with tangles.

MANAGE YOUR DOG'S SHEDDING

In summer, shedding is nature's way of ridding a dog's body of the old, excess hair they grew during winter to insulate their bodies. Shedding also eliminates hair that might be damaged. Pet owners know that cleaning up a dog's shedding hair comes with the territory. Even hypoallergenic dogs like poodles shed a little. But there are ways to reduce shedding and remove hair effectively.

GIVE YOUR PET A BRUSH

Brushing your dog on a regular basis is one of the best ways to reduce hair in your home.

"While all breeds need to be brushed, it's especially important in summer for long-haired breeds with undercoats like golden retrievers, malamutes and huskies to help reduce shedding and cool the dog in summer," says Amy Graham, a groomer and salon manager with PetSmart in Stoney Creek, Ont.

Depending on the breed of your dog, brush at least three times a week — dogs with lots of excess hair will benefit from daily brushing.

BATHE YOUR DOG

This is easier for short-haired breeds without thick undercoats like pugs or labs.

"If your dog is matted or has a thick undercoat, bathing may only make the matting worse or make it difficult to rinse out the shampoo, which is bad for the skin," Graham says. "Leave the tough jobs like these to a groomer."

GET YOUR DOG GROOMED

"Groomers have professional-strength blow dryers and tools to make the job more efficient," Graham says. "A groomer's blow dryer is so strong that it loosens the undercoat, and the groomer can brush during the drying process, something that can't be done easily at home."

Long-coated dogs should go to the groomer every four to six weeks; short-coated dogs every six to eight weeks.

FEED YOUR DOG THE RIGHT DIET

What a dog eats will be reflected in the condition of the animal's coat, so good-quality food aligned to the dog's health needs is essential.

NEW

Introducing

100%
Yummy

♥ 10
IAMS®
SO GOOD!

100%
Wholesome
Ingredients!



Do you really know what's in your dog's bowl?

Did you know that some leading brands add sugar, dyes or artificial preservatives? **New IAMS® SO GOOD!** has 100% wholesome ingredients and nothing else.

- ✓ NO Sugar Added
- ✓ NO Dyes
- ✓ NO Artificial Preservatives

Check what's in your dog's bowl:
www.whatsreallyinyourbowl.ca

IAMS®
Keep love strong



The Blackhawks' Andrew Shaw, right, celebrates scoring the game-winning goal past Bruins goalie Tuukka Rask on Wednesday. BRUCE BENNETT/GETTY IMAGES

Bruins not fazed by 3OT loss in Game 1

Stanley Cup final.

Boston and its veterans drawing from experience gained in 2011 playoff run

Boston coach Claude Julien isn't worried because the Bruins have been here before.

Even after a triple-overtime loss to Chicago in Game 1 of the Stanley Cup final that would demoralize the most veteran of groups, the Bruins

are calm and confident.

"We've been through a lot," Julien said. "You can chalk that down to experience of having been through a lot, the ups and downs. So we don't get rattled anymore. We know what we can do."

Julien recalled trailing the Vancouver Canucks 2-1 in the 2011 final before coming back to win in seven. He also pointed out that the Bruins lost the first two games to the Montreal Canadiens at home in the first round two years ago.

"I think you've had experience in the past when we've

Anyone's game

"We could be sitting here today up 1-0 as much as we are down 1-0."

Bruins coach Claude Julien brushed off Game 1's winning goal as a "hockey play."

been down two games and bounced back," centre Chris Kelly said. "Being here before and knowing what to expect is definitely beneficial."

So climbing out of a hole is nothing new for Boston, which still has most of its team intact

but might have to play Game 2 on Saturday without right-winger Nathan Horton, who left Wednesday night with an apparent upper-body injury.

With or without Horton, the Bruins have plenty of leaders who know the drill.

"Vancouver it was everybody's kind (of) first time around, right?" defenceman Andrew Ference said. "So you lose those couple games (it's) maybe a heavier feeling than it is this morning amongst the group because guys are probably a little bit better at turning the page." THE CANADIAN PRESS

The survey says

Canadians back NHL's visor rule, poll finds

A new poll suggests a majority of Canadians support the NHL's decision to make visors mandatory for incoming players.

Four out of five people surveyed in a Canadian Press Harris-Decima poll said they agreed with the new proposal.

Some 52 per cent strongly agreed with the new rule, which still needs to be approved by the NHL board of governors, while 28 per cent somewhat agreed.

Only eight per cent disagreed with the change.

THE CANADIAN PRESS

NHL

Stars prospect Winkler dead at 23

Dallas Stars prospect Scott Winkler has died in his home country of Norway after recently completing his senior season at Colorado College. He was 23.

School officials said in a news release that Winkler died unexpectedly Wednesday at his parents' home. The native of Asker, Norway, was a third-round pick by the Stars in 2008.

And the Edmonton Oilers say they have been unable to confirm reports that one of the team's prospects is missing and has possibly drowned. The Oilers put out a statement Thursday saying they were aware of reports Kristians Pelss was unaccounted for in his home country, Latvia, but were unable to confirm conflicting information in that country's media. THE CANADIAN PRESS

Pens GM staying the course with core group



The Penguins have agreed to terms with Evgeni Malkin on an eight-year, \$76-million contract extension. THE ASSOCIATED PRESS FILE

The Pittsburgh Penguins could have blown it all up.

Swept out of the Stanley Cup playoffs in the Eastern Conference final by the Boston Bruins, speculation swirled about the futures of coach Dan Bylsma, superstar Evgeni Malkin and goaltender Marc-Andre Fleury.

Amid calls for action, general manager Ray Shero got busy after the Penguins were ousted. But his moves have been the opposite of a complete overhaul.

"It's easy to change,"

Shero said Wednesday in Pittsburgh.

Shero extended Bylsma and his assistants' contracts two years through the 2015-16 season, gave Fleury a vote of confidence as the team's franchise goaltender and then Thursday agreed to terms with Malkin on an eight-year, \$76-million contract extension that could keep him with the Penguins for the balance of his NHL career. It was the equivalent of doubling-down on what has worked so well for years,

even though it didn't end well in the playoffs.

"I think Ray believes in the core group that he has, and he believes he can win with them," Malkin's agent, J.P. Barry, said in a phone interview. "They made the final four this year, again, and they had a bad round, for sure. But I think he believes in this core and he wants to stay the course and believes his team can win. That's ultimately what his assessment was."

THE CANADIAN PRESS

CSA making its stand on turban ban

Soccer. Quebec tournament loses 20 out-of-province teams due to sanctions

The shunning of Quebec soccer has begun.

Hundreds of Ontarians won't be going to Montreal for a soccer tournament this weekend, amid a political dispute between the Quebec and national soccer bodies over turbans.

The Montreal host association confirmed Thursday that 20 Ontario youth teams are not being allowed to come to play.

An official with the Lac St-Louis Regional Soccer Association said about 170 teams, mostly from the Montreal area, were invited to take part in the weekend tournament.

Director-general Edouard St-Lo says Ontario teams are not being allowed to take part because they can't get travel permits from the Ontario Soccer Association.

"Why they revoked their permit? I can't tell you," St-Lo said when reached by telephone.

This week, the Canadian Soccer Association suspended the Quebec Soccer Federation over its turban ban.

The suspension includes prohibiting Quebec teams from participating in — or hosting — interprovincial matches and national competitions.

The dispute has drawn in numerous politicians and placed different value systems on a collision course.

The current Parti Québécois

Rule enforcement

"You may go to any field and not see any kid with a turban and then you might get a game where there are two or three.... So far we've been able to get along, regardless of the ruling, and we haven't had any issues."

Fern da Silva, president of the Pierrefonds Soccer Association. Da Silva said in an interview that he doesn't agree with the ban on turbans and his association suggests it will do its best to ignore the Quebec federation's order.

government, critics of laissez-faire multiculturalism, are defending the right to banish certain displays of religious faith from the public space in the name of secularism.

The PQ has placed its support behind the QSF. And in an echo of the intergovernmental disputes that frequently typify Canadian federalism, Premier Pauline Marois has argued that the national association has no right to tell the provincial one what to do.

But the national body argues that it is indeed the authority and its decisions are binding on provincial associations.

Even the Quebec federation's bylaws debunk the premier's claim.

The QSF's rule No. 5 says: "(The QSF) is affiliated to, and under the jurisdiction of, the Canadian Soccer Association and is subject to its rules unless it has received a specific exemption."

THE CANADIAN PRESS

UFC 161

Complimentary Evans still ready to battle Henderson

Rashad Evans says it will be a little crazy looking across the cage Saturday at Dan Henderson, a veteran fighter he has followed for years.

"I have a tremendous

amount of respect for Dan and it's going to be fun because I've watched his style for a long time," Evans said Thursday.

"I kind of modelled my style after his a little bit."

Evans, with an MMA record of 22-3-1 and a UFC record of 12-3-1, is still predicting a win when the light heavyweights meet at UFC 161 on Saturday night in Winnipeg.

He's coming off losses to Jon Jones and Rogerio Nogueira, who was to be in one of the cancelled fights Saturday that bumped Evans-Henderson into the main-event slot.

"Speed I think is going to be the biggest factor in this fight," he added.

Both are former champions who would like to get another title shot.

THE CANADIAN PRESS



Rashad Evans GETTY IMAGES



Weir lying in the reeds at U.S. Open

Canada's Mike Weir walks to the 17th green during the first round of the U.S. Open at Merion Golf Club on Thursday in Ardmore, Pa. Weir shot minus-one to stay in the mix after the opening round. MORRY GASH/THE ASSOCIATED PRESS

Cycling. Hesjedal getting back on his bicycle

Canadian cyclist Ryder Hesjedal is back on the bike and ready to put a couple of big disappointments over the last month behind him.

Hesjedal made an early exit from the Tour de Suisse this week after suffering cuts and bruises in a hard fall. The crash occurred a few weeks after he was forced to withdraw from

the Giro d'Italia — a race he won last year — due to an upper respiratory infection.

"There are many, many, many more downs than ups in professional cycling," Hesjedal said Thursday from Girona, Spain. "This is the way it is. You can't be this far along in the sport without going through all of it." THE CANADIAN PRESS



Victoria's Ryder Hesjedal GETTY IMAGES FILE

**NOW BUILDING IN
ROCKLAND AND WENDOVER**



**MODEL HOME HOURS:
SATURDAY & SUNDAY 1PM - 4PM
OR BY APPOINTMENT**



Visit our Model Home at
233 Versaille in Wendover
Only 10 mins from Rockland

613.749.6705
WWW.ANCOHOMES.COM



**HOMES
FROM
\$190,900**

Not exactly a new Kidd on the block

NBA. Former All-Star point guard Jason Kidd is back with the Nets, but this time as coach

Meet the new guy, Jason Kidd.

Less than two weeks after ending his long, All-Star career, Jason Kidd acknowledged he has "a lot to learn about coaching" Thursday as he took the Brooklyn Nets job despite having no experience leading a team from the bench.

Now a point guard who was all about assists in his 19 years on the court will be looking for a little help.

"Nervous," the 40-year-old Kidd said when asked how he felt. "I'm a rookie. I go from being one of the oldest players in the league to now a rookie coach. I'm very excited about this challenge. We have a spe-



Brooklyn Nets new head coach Jason Kidd smiles as he is introduced at a news conference on Thursday. THE ASSOCIATED PRESS

cial opportunity to achieve a championship-calibre team."

Kidd retired earlier this month after one season with the New York Knicks, and the Nets decided to hire him to replace P.J. Carlesimo — a move that comes with some obvious risks since Kidd has never

been a head coach.

Kidd is rejoining a franchise he led to consecutive NBA Finals appearances in 2002-03 when they played in New Jersey. He spent six and a half seasons with the Nets, averaging 14.6 points, 9.1 assists and 7.2 rebounds, and is their career leader in numerous statistical categories.

He is second on the NBA's career list in assists and steals, won an NBA title with Dallas and has two Olympic gold medals.

Terms of the deal that made Kidd the 18th coach in franchise history were not disclosed.

Kidd also has a court date next month on Long Island stemming from a drunken-driving arrest last year. He has pleaded not guilty to misdemeanor DWI and is due in Southampton Town Court on July 11, according to the Suffolk County prosecutors' office. THE ASSOCIATED PRESS



Hangin' 10 for The Sandman

Mariano Rivera of the New York Yankees is presented with a surfboard, a bottle of wine and a cheque for his charitable foundation for disadvantaged children by Athletics team president Michael Crowley before his final regular season game against Oakland on June 13.

ERZA SHAW/GETTY IMAGES

MLB

Nationals beat depleted Rockies

Ryan Zimmerman homered, doubled and drove in three runs, Ian Desmond got four hits and the Washington Nationals beat the depleted Colorado Rockies 5-4 on Thursday.

The Rockies lost four players and a coach, as well as the rubber match of the three-game series.

Outfielders Carlos Gonzalez and Dexter Fowler were injured early and shortstop Troy Tulowitzki left for an undisclosed reason in the eighth. Reliever Wilton Lopez and pitching coach Jim Wright were ejected in the seventh.

Craig Stammen (4-2) threw two scoreless innings. Rafael Soriano got his 17th save after giving up an RBI single to pinch-hitter Todd Helton with two outs.

Zimmerman's RBI double off reliever Matt Belisle (4-3) in the eighth broke a tie, and he later scored on Desmond's infield single to make it 5-3.

THE ASSOCIATED PRESS

CUT YOUR WAITING TIME FOR REDBLACKS SEASON TICKETS

GET YOUR PRIORITY REGISTRATION NUMBER BY JUNE 30

YOU COULD WIN ONE OF 100 PRIZES

A deposit of just \$25 reserves your place in line when OTTAWA REDBLACKS season tickets go on sale this fall. Get your priority registration numbers now to get the best choice of seats for the first exciting season of Ottawa's all-new CFL team! Purchase your PRN before June 30 and your name will automatically be entered in a draw for one of 100 prizes, including flat screen TVs, suites at 67's games and REDBLACKS and Ottawa Fury FC swag!

OTTAWAREDBLACKS.COM | 613-232-6767

NHL PLAYOFFS

STANLEY CUP FINAL

(BEST-OF-7; All Times Eastern)

CHICAGO (1) VS. BOSTON (4)

(Chicago leads series 1-0)

Wednesday's result

Chicago 4 Boston 3 (3OT)

Saturday's game

Boston at Chicago, 8 p.m.

Monday's game

Chicago at Boston, 8 p.m.

Wednesday, June 19

Chicago at Boston, 8 p.m.

HAWKS 4, BRUINS 3 (3OT)

First Period

1. Boston, Lucic 4 (Horton, Krejci) 13:11

Penalties — None.

Second Period

2. Boston, Lucic 5 (Krejci) :51

3. Chicago, Saad 1 (Hossa) 3:08

Penalties — Horton Bos (interference) 7:37,

Bench Bos (too many men) 8:20, Chara Bos

(high-sticking) 12:53.

Third Period

4. Boston, Bergeron 6 (Seguin, Lucic) 6:09 (pp)

5. Chicago, Bolland 1 (Shaw) 8:00

6. Chicago, Oduya 3 (Kruger, Frolik) 12:14

Penalties — Frolik Chi (tripping) 5:51.

Overtime

No Scoring

Penalties — Bench Chi (too many men) 12:08.

Overtime — No Scoring

Penalties — Bench Chi (too many men) 19:07.

Overtime

7. Chicago, Shaw 5 (Bolland, Rozsival) 12:08

Penalties — None.

Shots

Boston 11 6 8 12 10-54

Chicago 8 16 15 8 10-63

Goal — Boston: Rask (L, 12-5).

Chicago: Crawford (W, 13-5).

Power plays (goal-chances) — Boston: 1-3.

Chicago: 0-3.

Att. — 22,110 (United Center).

NBA PLAYOFFS

FINALS

(BEST-OF-7; All Times Eastern)

MIAMI (1) VS. SAN ANTONIO (2)

(San Antonio leads 2-1)

Thursday's result

Miami at San Antonio

Tuesday's result

San Antonio 113 Miami 77

Sunday's game

Miami at San Antonio, 8 p.m.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	41	26	.612	—
New York	37	28	.569	3
Baltimore	37	29	.561	3½
Tampa Bay	35	30	.538	5
Toronto	28	36	.438	11½

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	36	28	.563	—
Cleveland	32	33	.492	4½
Kansas City	30	33	.476	5½
Minnesota	29	33	.468	6
Chicago	28	35	.444	7½

WEST DIVISION

	W	L	Pct	GB
Oakland	40	27	.597	—
Texas	38	27	.585	1
Seattle	29	38	.433	11
Los Angeles	28	38	.424	11½
Houston	23	44	.343	17

Thursday's results

N.Y. Yankees at Oakland

Boston at Baltimore

Kansas City at Tampa Bay

Toronto at Texas

Philadelphia at Minnesota

Wednesday's results

L.A. Angels 9 Baltimore 5

Kansas City 3 Detroit 2 (10)

Boston 2 Tampa Bay 1

Cleveland 5 Texas 2

Minnesota 4 Philadelphia 3

Toronto at Chicago White Sox, postponed

Oakland 5 N.Y. Yankees 2

Houston 6 Seattle 1

Friday's games

All times Eastern

Washington (Gonzalez 3-3) at Cleveland

(Masterson 8-5), 7:05 p.m.

Boston (Dempster 4-6) at Baltimore (Till-

man 6-2), 7:05 p.m.

Kansas City (Mendoza 1-3) at Tampa Bay

(Moore 8-2), 7:10 p.m.

Toronto (Buehrle 2-4) at Texas (Grimm 5-4),

8:05 p.m.

Chicago White Sox (Sale 5-4) at Houston

(Bedard 1-3), 8:10 p.m.

Detroit (Porcello 3-3) at Minnesota (Dia-

mond 4-5), 8:10 p.m.

N.Y. Yankees (Petititte 5-3) at L.A. Angels

(Wilson 4-5), 10:05 p.m.

Seattle (Saunders 4-6) at Oakland (Milone

6-5), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	39	27	.591	—
Washington	33	32	.508	5½
Philadelphia	31	35	.470	8
New York	24	37	.393	12½
Miami	19	46	.292	19½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	43	23	.652	—
Pittsburgh	39	26	.600	3½
Cincinnati	40	27	.597	3½
Milwaukee	27	38	.415	15½
Chicago	26	38	.406	16

WEST DIVISION

	W	L	Pct	GB
Arizona	37	29	.561	—
Colorado	35	32	.522	2½
San Francisco	33	31	.516	3
San Diego	32	34	.485	5
Los Angeles	28	37	.431	8½

Thursday's results

St. Louis 2 N.Y. Mets 1

Chicago Cubs 6 Cincinnati 5 (14)

Washington 5 Colorado 4

San Francisco at Pittsburgh

Wednesday's results

Cincinnati 2 Chicago Cubs 1

San Diego 5 Atlanta 3

Pittsburgh 12 San Francisco 8

N.Y. Mets 5 St. Louis 1

Milwaukee 10 Miami 1

Washington 5 Colorado 1

Arizona 8 L.A. Dodgers 6 (12)

Friday's games

All times Eastern

L.A. Dodgers (Fife 1-1) at Pittsburgh (Locke

5-1), 7:05 p.m.

Chicago Cubs (Jackson 2-8) at N.Y. Mets

(Marcum 0-7), 7:10 p.m.

St. Louis (Westbrook 2-1) at Miami (Fer-

nandez 3-3), 7:10 p.m.

Milwaukee (Lohse 2-6) at Cincinnati (Arroyo

6-5), 7:10 p.m.

San Francisco (Bumgarner 5-4) at Atlanta

(Medlen 3-6), 7:30 p.m.

Philadelphia (Kendrick 6-4) at Colorado

(Nicasio 4-2), 8:40 p.m.

Arizona (Cahill 3-7) at San Diego (Stults

5-5), 10:10 p.m.

Horoscopes

Aries

March 21 - April 20

Good things are sure to come your way today but exactly what kind of good things remains to be seen. You may well benefit from something you hear, maybe when you should not have been listening.

Taurus

April 21 - May 21

Anyone who tries to make you feel you have done something wrong is not a friend and best avoided. Your mood is positive, so it's unlikely you will be too fazed.

Gemini

May 22 - June 21

You will sail through what has to be done today. You will find ways to overcome obstacles placed in your path. Gemini is one of the more adaptable signs of the zodiac, and that works in your favour.

Cancer

June 22 - July 23

You have much to think about today and you need to make sure you are not interrupted by people whose problems are, to your mind at least, rather trivial. Find a quiet corner where you can think in peace.

Leo

July 24 - Aug. 23

What appeared so difficult yesterday will suddenly be the easiest thing. Chances are it wasn't actually that difficult at all. You were just in an unnecessarily negative frame of mind.

Virgo

Aug. 24 - Sept. 23

Stop worrying what others might think and do what you feel is right. Sometimes you can be a bit too analytical for your own good, so switch and let your heart guide you.

Libra

Sept. 24 - Oct. 23

You may have to tell someone that you cannot deliver on what you promised. Chances are they won't mind in the slightest. It seems like they didn't want you to do it.

Scorpio

Oct. 24 - Nov. 22

The solution to a problem is simplicity but you are unlikely to see it if you are so convinced there has been an injustice. Calm down, it's really not that important.

Sagittarius

Nov. 23 - Dec. 21

Stop panicking and trust your instincts. If you listen to the small voice inside your head you will find a way out of your dilemma. It's amazing what a bit of perspective can do.

Capricorn

Dec. 22 - Jan. 20

People you work with may do things you don't approve of today but in the greater scheme of things it's no big deal. By all means laugh when they discover they've made fools of themselves.

Aquarius

Jan. 21 - Feb. 19

With both Mars and Jupiter moving through the most dynamic area of your chart, you are full of confidence and eager to show what you can do. So, what can you do? Absolutely anything you like.

Pisces

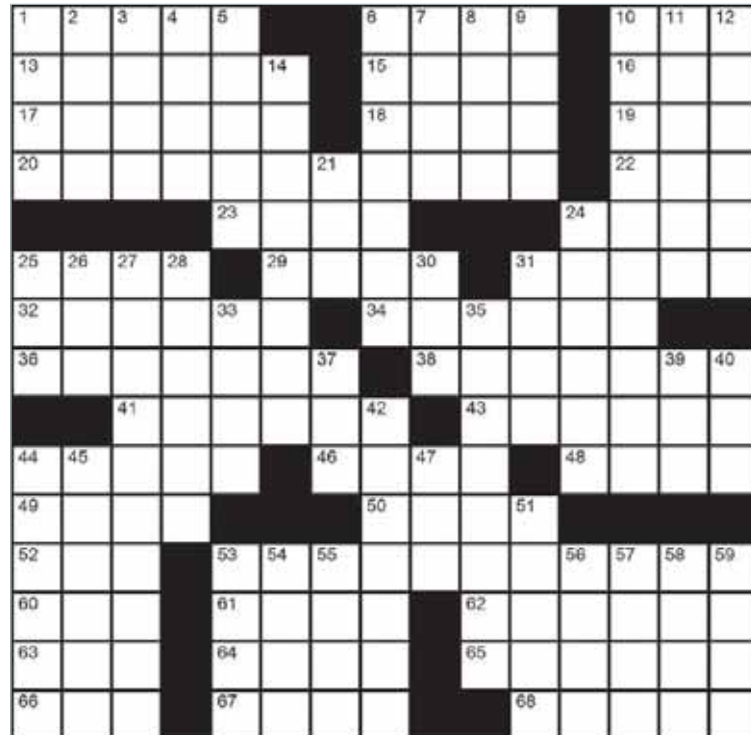
Feb. 20 - March 20

What happens today will encourage you to believe that the good days are on their way back but that is not an invitation to do something stupid. Keep your goal in mind at all times, and keep moving towards it. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. "Man of ___" (2013)
6. Up to it
10. ___ alai
13. Column
15. Rosary piece
16. Bear: Spanish
17. "I think that's ___ too light." (Paint chooser's comment, perhaps)
18. ___ Flush
19. Halt
20. Newspaper for Metropolis: 2 wds.
22. Kind of whale
23. Flower pot stuff
24. "Star Trek II: The Wrath of ___" (1982)
25. Last letters
29. Rivers: Spanish
31. Finger holes instrument
32. Morning meal
34. Some trees
36. Slanders
38. Superman's home planet
41. Toughens
43. Restaurant
44. Slopes or tilted positions
46. Fashion designer Mr. Jacobs
48. "...there ___ square."
49. Mr. Onassis, et al.
50. "I'm tired!"
52. Dalmatian's doc
53. The English, in Quebec
60. "Take __, insist."
61. Salami shop
62. Capital of Albania



Down

1. WWI fighter plane
2. "... lovely play." ...said the Shakespeare fan
3. School grades K-12, for short
4. Airline of Israel: 2 wds.
5. PEI's provincial flower, ___ Slipper
6. Biblical son of King David
7. Lima ___
8. Lois ___ (Character in #1-Across)
9. Change
10. Superman creators, Jerry Siegel ...and this Toronto-

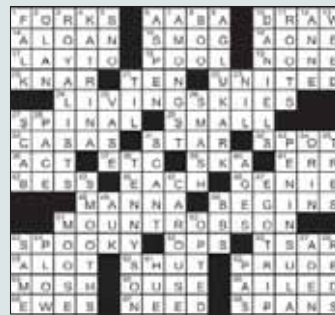
- born cartoonist: 2 wds.
11. Equally spic-and-span: 2 wds.
12. Medicine cabinet stuff for wounds
14. Clark Kent's job
21. Gladiator's 52
24. Compulsive thief, in slang

25. General ___ (Villain in #1-Across)
26. Scot's uncle
27. Canadian game show Jim Perry hosted
28. Inclines
30. Cinch ___ (Hefty garbage bag)
31. "Go ___ kite!"
33. Australian birds
35. Rules of conduct
37. Academic year div.
39. Ball shape
40. 'The Science Guy', Bill ___
42. Young tree
44. Henry __, star of #1-Across
45. Retort to "Am not!": 2 wds.
47. Greek+alphabet letter
51. Editor-in-Chief of #20-Across, Perry ___
53. Big fusses
54. Captain ___ (Character created by writer Jules Verne)
55. Oakville, ON: ___ Abbey Golf Club
56. ___-B (Toothbrush brand)
57. Grannies
58. 'Exist' suffix
59. Convenient mailing encls.

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

Yesterday's Crossword

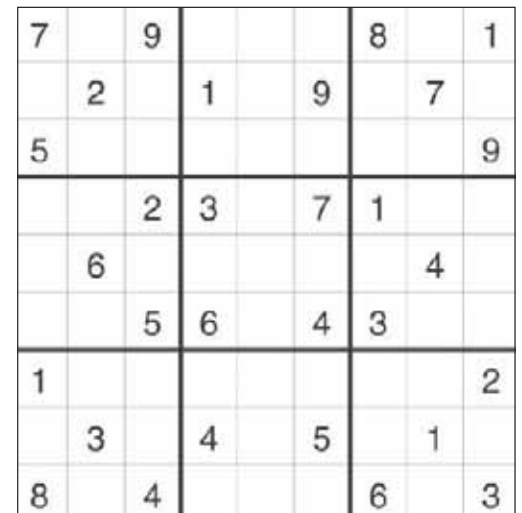


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today



Saturday



Know what the weather
will be 14 days from now.
Check the 14 day trend.

©The Weather Network 2013



How do I become a Dentist?

Explore what you want to be and how to get there.

Visit CareerBear.com to learn more

QuestChat FREE TRIAL
NORTH AMERICA'S BEST CHAT LINE

613.232.4444
Other Cities: 1.888.482.8282

Dial #CHAT (87428) - 39/min
Text "QUEST" to 96669 83/omni
Free trial not applicable on #CHAT

questchat.com 1.888.482.8282 www.questchat.com

*18+ RESTRICTIONS APPLY

Quarry Glen

A ROCK SOLID COMMUNITY.



Never before seen in the area of Ottawa, rising out of the depths of the earth, Minto created the finest gems in Quarry Glen. Dual Terrace Homes and Gallery Suites embedded in this rock solid community which possesses the natural beauty of stone, walking paths and a relaxing pond for homeowners to enjoy.

Come view our show home now and find out how you can be part of this rockin' community!



ONLY 5% DOWN. ACT NOW.

Gallery Suites, from \$201,400
Dual Terrace Homes from \$243,400

ottawahomes.minto.com

view video tour



QUARRY GLEN SALES CENTRE
850 Champlain, Orléans
Monday-Wednesday 12-8 p.m.
weekends & holidays 12-5:30 p.m.
closed Thursday & Friday
613.696.3328



*Certain conditions apply. Subject to change without notice. E & OE